



# ASIST<sup>®</sup>

## Applied Suicide Intervention Skills Training

Boardman, Oregon

Applied Suicide Intervention Skills Training (ASIST) is a 2-day workshop designed for caregivers to competently and confidently intervene with someone at risk of suicide. Developed by LivingWorks Education, Inc., the workshop prepares caregivers from professional and non-professional backgrounds to integrate principles of intervention into everyday practice.

The curriculum is divided into 4 learning modules: attitudes, knowledge, intervention & resources. Skills and principles are illustrated with case studies presented in videos and live dramatizations, role-play simulations, and discussions.

By the end of the workshop, participants will be better able to:

- Reduce attitudinal barriers which hinder the ability to be direct and comfortable with a suicidal person
- Identify the indicators and assess suicidal risk
- Intervene with someone at risk of suicide
- Keep the person at risk safe until s/he reaches the next level of care
- Engage in efforts to build collaborative resource networks

Participants receive a workshop workbook, a 152-page Suicide Intervention Handbook, a full color wallet card on intervention and risk estimation principles, two suicide first aid stickers and a certificate of participation. Materials are included in the cost of a training which is decided based on trainer fees, number of participants, travel and refreshment costs.

**Contact:** Jill Hollingsworth

Office: 541.337.9001

[jhollingsworth@columbiacare.org](mailto:jhollingsworth@columbiacare.org)



- ASIST is a recognized Best Practice listed with the SPRC/AFSP Best Practices Registry for Suicide Prevention (BPR)
- ASIST has been reviewed and approved for inclusion on the State of Oregon's Addictions and Mental Health Services' [List of Evidence Based Practices](#) and can help satisfy Oregon Administrative Rules for organizations receiving state funds for, or through, the Oregon Department of Corrections, Oregon Youth Authority, Department of Human Services' Addictions and Mental Health Services, Criminal Justice Commission, and Commission on Children and Families.
- Applied Suicide Intervention Skills Training is the most widely used suicide intervention skills training in the world.

**Location:** Port of Morrow

2 Marine Drive ~ Boardman, OR 97818

**Dates/Time:** August 30th & 31st, 2011 ~ 8:45-5:00 (both days)

**Register Online:** <http://www.columbiacare.org/FormPage.asp?>

**ColumbiaCare**  
services, inc.

[www.columbiacare.org](http://www.columbiacare.org)