# Helpers in Your Community (KeepSafe Connections)

**KeepSafe Connections** are **Able, Approachable,** and **Available** to help with suicide. They know how to do suicide first aid (trained in suicide intervention). Different kinds of helpers in your community may have this training but some may not. It is best to check before adding them to this list.

CRISIS (DISTRESS) CENTER

SUICIDE PREVENTION CENTER

TEEN LINE

RAPE/SEXUAL ASSAULT CENTER

DOMESTIC VIOLENCE HOTLINE

SEXUAL ABUSE HOTLINE

CHILD ABUSE HOTLINE

POLICE

PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT

MENTAL HEALTH CRISIS

HOSPITAL EMERGENCY SERVICES

EMERGENCY SHELTERS

YOUTH SHELTER

MENTAL HEALTH OUTREACH CLINIC

CHILDREN/YOUTH PSYCHIATRIC CLINIC

PRIVATE PRACTITIONERS

MEDICAL CLINIC

AIDS INFORMATION AND TESTING SITES

CHILDREN’S SERVICES OFFICES

SCHOOL STUDENT SERVICES

CHILD CARE REFERRALS

PARENT TRAINING

FAMILY SUPPORT SERVICES

SELF HELP GROUPS

SUBSTANCE ABUSE COUNSELING

ALCOHOLICS ANONYMOUS

MENTAL HEALTH ASSOCIATION

RELIGIOUS/SPIRITUAL SUPPORT

LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE

PROBATION OFFICERS

Who or what might be on your own list of KeepSafe Connections?

Who or what might be on others’ lists of KeepSafe Connections?