



33,000 Working Age Adults Die by Suicide Each Year.



There is Hope.

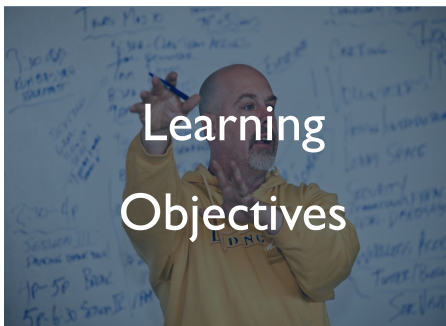
Find out what you can do at
www.CarsonJSpencer.org





This 8 hour training gives participants the tools to deliver the 2 hour Working Minds™ training and the 4 hour Working Minds Pro™ training in the community.

After completing the course, trainers are able to give participants the tools to identify people at risk and respond to a crisis. The goal is to give simple tools for a healthy workplace.



- Understand why suicide prevention is important in the workplace.
- Recognize signs and symptoms of suicidal risk.
- Practice facilitating conversations around suicide.
- Identify best practices for organizations in the aftermath of a suicide.
- Learn tools to market program to high stress workplaces.

- 8 hour train-the-trainer skill-building workshop
- Marketing materials
- Instructor toolkit
- Working Minds™ PowerPoint
- Participant workbook
- Access to trainer portal
- Working Minds™ wallet card and magnet



- | | |
|------------------------------|--|
| HR professionals | Risk management/Safety |
| Managers/Supervisors | Wellness |
| Business Leaders | Trainers |
| Life coaches/peer supporters | Mental Health/suicide prevention advocates |
| EAP providers | |

