



MAKING OREGON  
VITAL FOR ELDERS

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## From Reactive to Proactive: A Wellness Model for People Living with Dementia

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**November 9, 2018, 8:30 a.m. - 4:30 p.m.**  
**Holiday Inn Portland South Hotel & Convention Center**  
**25425 S.W. 95<sup>th</sup> Ave., Wilsonville, OR**

In this highly-interactive full-day workshop, Dr. Power will take participants to a new level of thinking about persons who are "of a different mind," in other words, persons with brain diseases that impact their behavior and quality of life.

He will show how the medically-oriented dementia intervention fails to address people's needs and even enables dependence and distress, and the use of inappropriate medications. He will discuss the pros and cons of nonpharmacological approaches and the needs-based behavioral model.

But now what do we do? Dr. Powers, a working geriatrician, will share alternate dementia practices and a framework that supports proactive, strengths-based evaluation and strategies that enhance several aspects of resident well-being. The session will also include basic, but essential skills for communication and understanding distress that uses the well-being framework to create solutions providing person-centered care. There will be ample time for discussion throughout.

**Continuing education available for NH, ALF/RCF, AFH, and memory care administrators and direct care staff.**

### **Presenter**

G. Allen Power, MD is a board-certified internist, geriatrician, and newly appointed Schlegel Chair in Aging and Dementia Innovation at the Schlegel-U. Waterloo Research Institute for Aging in Ontario, Canada. He is also a clinical associate professor of medicine at the University of Rochester, New York, a Fellow of the American College of Physicians / American Society for Internal Medicine, and an international educator on transformational models of care for older adults, particularly those living with changing cognitive abilities. For more about Dr. Power's professional passion for improving the lives of people with dementia and long-term care go to [http://www.alpower.net/alpower\\_bio.htm](http://www.alpower.net/alpower_bio.htm)

### **Who should attend:**

Individuals who work in or support long-term care communities (nursing homes, assisted living, adult foster homes, in-home care, etc.) and care partners who:

- Wish to deepen their individual and organizational understanding of and responsiveness to the needs of individuals living with dementia through person-directed practices and
- Want actionable solutions that create individualized approaches that improve well-being for people living with dementia and their care partners.

### **Participants will be able to:**

- 1) Describe an experiential model and contrast it with the traditional approach.
- 2) Name at least five of the seven domains of well-being discussed in the workshop and give simple examples of how they can be enhanced in the participant's care environment.
- 3) Describe a basic process for gradual drug withdrawal, to be used in conjunction with the approaches described above.

**Register at Brown Paper Tickets** <https://www.brownpapertickets.com/event/3601571>

Fees: ☐ Individual \$50 ☐ TWO FOR ONE SPECIAL \$50 ☐ Student (First 10 students who register are free)

*Cancellations must be received no later than Nov 1, 2018 to be refunded*

The Holiday Inn has a courtesy group rate of \$99.00, plus 10.8% tax, per night. Call the hotel at 503-682-2211, ask for in house reservations and refer to MOVE with Al Power to receive the group rate.



Special thanks to our sponsors Oregon Department of Human Services

M.O.V.E., P.O. Box 81, Lake Oswego, Oregon 97034

For questions about registration or more information call 503-382-3909 or email [info@orculturechange.org](mailto:info@orculturechange.org)