

DECEMBER FOOD HERO COOK-ALONG

Join us from your own kitchen to make a
seasonal meal :

Holiday Minestrone Soup

Class date:

Thursday, Dec. 14th at
5:15 pm PT



Learn how to make a nutritious recipe featuring ingredients and flavors to encourage health in the winter season.

- **You will need to source the recipe ingredients yourself prior to the class.**
- Pre-registration is required, and a shopping list will be provided after you register.

For more information, contact Rebecca Fallihee rebecca.fallihee@oregonstate.edu

TO SIGN UP, VISIT: <https://beav.es/qSa>



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