

Conexión Familiar

REACH OUT OREGON FAMILY DISCUSSION



Conexión Familiar is a support group that offers:

- A safe space for parents and caregivers who are raising youth experiencing behavioral, mental, or other health challenges to come together for connection and support, specifically for Spanish speaking families.
- A space where we encourage learning, discussing barriers and elevating family voice as parents navigate systems of care on behalf of their youth.

JOIN US!

Second Wednesday
of every month

6-7pm PST

Zoom Link:

[https://tinyurl.com/4x
be35jc](https://tinyurl.com/4xbe35jc)



A Support Team
of Families and Friends

Fourth Wednesday of
every month

11:30-12:30pm PST

Zoom Link:

[https://tinyurl.com/2r
hyfkpc](https://tinyurl.com/2rhyfkpc)



For more information chat with us on our website
www.reachoutoregon.org or call 1-833-732-2467
Brought to you by: Oregon Family Support Network