# Job Connections March Calendar

Monday	TUESDay	wednesday	THURSDAY	Friday
			February 29th Happy Leap Dayl	Effective Applications 1:30 – 3:00 PST Virtual Live
Interview Techniques 2:30 – 4:00 PST Virtual Live	5	NATIONAL 6	Sock Monkey Day	8
APPLESEED DAY	HAPPY BIRTHDAY Girl Scouts!	lmpact of Attitude 2:30 – 4:00 PST Virtual Live	14	Social Media 101 1:30 – 3:00 PST Virtual Live
Job Search Strategies 2:00 – 3:30 PST Virtual Live	Happy Spring Equinox!	20 Relationships & Communication 2:30 — 4:00 PST Virtual Live	We Can Do It!  NATIONAL ROSIE THE RIVETER DAY	22
Dealing 25 with the Debt Monster 2:00 – 3:30 PST Virtual Live	26	Self 27 Determination/ Self Concept 2:30 – 4:00 PST Virtual Live	28	ABC's of a Winning Resume 2:30 – 4:00 PST Virtual Live

Pre-recorded workshops can be viewed at a date and time convenient for you: overcoming a criminal background barrier, ida preview, interview techniques, motivation & attitude, teamwork & career development, ethics, time management & dependability, and more!

See workshop descriptions on page 2.

Seneca Job Connections 855 Seneca Rd Eugene, OR (541) 431-3309

Springfield Job Connections 102 30th St Springfield, OR (458) 205-8157 North Bend Job Connections 3696 Broadway North Bend, OR (541) 808-3707

Florence Job Connections 1310 Hwy 101 Florence, OR (541) 590-3541 Cottage Grove Job Connections 1205 Hwy 99 N Cottage Grove, OR (541) 942-1571

Brookings Job Connections 890 Chetco Ave Brookings, OR (541) 813-2370 Midtown Job Connections 3838 Old Seward Hwy Anchorage, AK (907) 563-6355

Dimond Job Connections 8931 Old Seward Hwy Anchorage, AK (907) 344-4640



Wasilla Job Connections 1660 E Financial Dr Wasilla, AK (907) 357-4417

To request access to workshops: <a href="https://www.goodwill-oregon.org/job-connections">www.goodwill-oregon.org/job-connections</a> or call 541-431-3309

## March Workshops And Clinics

\* Prerecorded workshops can be viewed at a date and time convenient for you.

#### ABC'S OF a WINNING RESUME

Learn how to compose a cover letter and resume that reflects your strengths and explore different resume formats.



### Dealing With the Debt Monster

Learn strategies to reduce debt and turn your debt into manageable expenses.

#### **EFFECTIVE APPLICATIONS**

In this workshop, you will learn the rules necessary for effective application completion and the resources available to easily complete it.



### ETHICS, TIME MANAGEMENT & DEPENDABILITY

Acceptable workplace conduct, strategies to budget your time, and how dependability can lead to job security.

\*Pre-recorded available

#### IMPACT OF ATTITUDE

Our attitude follows us in every situation and thus has major implications on our success and happiness. It's important to be aware of your own attitudes so you can accept or change them.



### INDIVIDUAL DEVELOPMENT ACCOUNT (IDA) Preview

IDA matched savings accounts help you build assets through financial education, creating a monthly savings habit, and meeting financial goals. Deposits are matched at a 5:1 ratio.

\*Pre-recorded Only

#### Interview techniques

Provides information, ideas, and tools to prepare you for a job interview. The better prepared you are, the less nervous you will be.

\*Pre-recorded available

#### JOB SEARCH STRATEGIES

Does your job search need a jumpstart? The workshop will cover four proven methods to help you find the job you are looking for.



#### MOTIVATION & ATTITUDE

Discover what motivates you and what shapes your attitude towards work and the world around you.

\*Pre-recorded available

#### **OVERCOMING A CRIMINAL**



Background Barrier

Learn job search techniques that

address your criminal background.

Learn about tax credits, how to explain felony convictions in interviews, and create a statement of change.

\*Pre-recorded Only

### RELATIONSHIPS & COMMUNICATION

Relationships take work, so it is important to understand the value of the effort you make. Communication is a two-way process: talking and listening.

### SELF DETERMINATION/

Some people succeed because they are destined but most because they are determined. Happily ever after is for fairy tales but you ca decide to live happier ever after! Find out what barriers are keeping you from getting more out of your life.

#### SOCIAL MEDIA 101

What do your social media posts say about you? Your online presence can impact your job search. Make the best virtual impression and learn how to utilize social media to locate job leads.



### Teamwork & career Development

Discuss how to work better with others, when to know it's time to move on, and how to do so without burning bridges behind you while moving towards career goals.

\*Pre-recorded available



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