



To learn more,
visit us at
parentingnow.org

Lane County Triple P

Positive Parenting Program

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Sign up
today and
transform
your
parenting
journey!



Parenting Now



Triple P is brought to you by Parenting Now,
with support from United Way of Lane
County, LaneKids, Trillium Community Health
Plan, Lane County Public Health, and Oregon
Research Institute.



About Us

Discover the Triple P program at Parenting Now: We are dedicated to empowering parents with the skills and resources needed to nurture thriving children. With a team of experienced instructors and a curriculum designed to support positive parenting, we're here to help you navigate the journey of parenthood with confidence and success.



Our Programs

Lane County Triple P presents a comprehensive suite of both in-person and virtual programs, thoughtfully tailored to various age groups. Whether you have a newborn, a toddler, or a teenager, we have a solution for you. Our services are available free of charge for every family in Lane County.

1

Triple P Online

Self-paced & organized into 8 modules. Includes a gift card incentive after the completion of module 4.

2

Seminars Series

90-minute sessions that provide broad parenting support for children aged 2-12. Now available for parents of teenagers!

3

Discussion Groups

One-hour sessions focused on specific topics around common parenting challenges.



¡Triple P Online está disponible en español!

Las ocho sesiones son una mezcla dinámica de videoclips, hojas de trabajo y actividades. Y solo tardan entre 30-60 minutos en completarse.

Triple P Online (para niños menores de 12 años) puede ayudarlo a:

- Motivar la buena conducta
- Manejar la mala conducta
- Solucionar las rabietas
- Enfrentar la desobediencia
- Enseñar nuevas habilidades
- Eliminar el estrés de las compras