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Lane County TEEN Triple P

Positive Parenting Program

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Parenting Now



Triple P is brought to you by Parenting Now, with support from United Way of Lane County, LaneKids, Trillium Community Health Plan, Lane County Public Health, and the Oregon Research Institute.



About Us

As a dedicated parenting education organization, Parenting Now takes pride in offering a comprehensive suite of programs to support families in their parenting journey. Our commitment now extends to empowering parents navigating the distinctive challenges of raising teenagers! Explore the diverse offerings of parenting education programs at Parenting Now, where we strive to provide valuable resources and support for every stage of parenthood.



What is Teen Triple P?

Lane County Triple P is your dedicated partner in parenting support, acknowledging that every parent encounters challenges and benefits from guidance along the way. Our evidence-based approach doesn't impose one-size-fits-all solutions; instead, it empowers parents of teens aged 12-16 with a dynamic toolbox tailored to suit every family's unique needs. Operating across three engaging levels, both virtually and in-person, we explore crucial topics such as encouraging appropriate behavior, managing challenges, setting rules, and preparing for risky situations. Backed by a team of seasoned instructors and a specialized positive parenting curriculum, we're here to help you navigate the teenage years with confidence and success. Let's embark on this parenting journey together!

Our services are available free of charge to parents and caregivers in Lane County, making them accessible to all. Teen Triple P materials and support are available in both English and Spanish.



Levels of Support

Teen Triple P Online

1

Access practical parenting strategies at your convenience with our online program, providing valuable insights and tools to navigate the challenges of raising teenagers.

2

Virtual Seminar Series

Join one or all three of our engaging virtual sessions led by experienced instructors, offering expert guidance tailored to parents navigating the teen years.

3

Discussion Groups

Connect with fellow parents in our supportive discussion groups, fostering a sense of community while sharing experiences on specific parenting challenges and gaining valuable insights on positive parenting for teenagers.