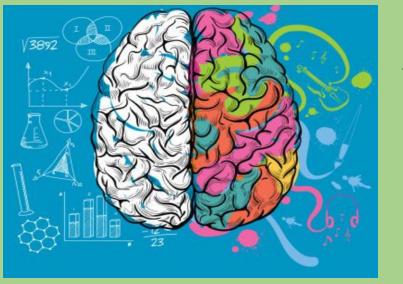
## Neurodiversity Family Support Night

By and for parents and other caregivers. Open to all.

Connect Grow Network Learn



Advocate Engage Relax Care

April 3

6:00-8:00

## ECCO High School 200 Monroe St.

Behind the 4j district office Space generously offered by ECCO

## Topic

ADHD 101: Executive Functioning and Empowerment

Rachael Young is an ADHD coach working with teens and families, with an additional focus of supporting girls, women, and 2e youth. Learn what ADHD is and isn't and how to help young people with ADHD thrive in all areas of life. Childcare not provided at this time.

Questions: reframeourthinking@gmail.com