

# OREGON COUNSELING ON ACCESS TO LETHAL MEANS



**May 17, 2024 | 8:15 am - 4:30 pm**  
**Eugene, OR**  
**Hosted by Lane County Public Health**

**Oregon CALM is an 8-hour training developed to assist medical, clinical, crisis-response, and direct service providers** with Lethal Means Counseling using an informed, collaborative, and respectful approach. It has been adapted from the CALM America curriculum to incorporate components of *Addressing Firearm Safety with Patients at Risk of Suicide: A Course for Healthcare Providers in Rural Areas* and research with Oregon residents who own firearms.

**Oregon CALM is a suicide prevention training that is neither anti-gun nor anti-medication.** Given the focus on lethal means counseling, course content and discussions will cover these topics in depth. Though not a requirement, previous suicide prevention training is recommended, as this course does not thoroughly cover introductory topics like gatekeeper skills, asking the question, and risk assessment.

**5 CEUs are available for participants through Oregon NASW** and this course meets a portion of the [Oregon HB2315 requirements](#) for suicide-specific continuing education.

## Learning Outcomes

- ✓ Understand the impact of addressing suicide means through local and national data, relevant research, and practice
- ✓ Learn the most effective ways to address means with individuals who own firearms through interactive case studies, video demonstrations, and practice scenarios
- ✓ Build confidence in conducting lethal means counseling related to firearms, medications, and other means with clients at risk of suicide
- ✓ Gain research-based tools for both providers and clients

**[Register HERE for \\$25 \(\\$240 value\)](#)**  
**Lunch is being provided!**

These trainings are being offered as part of Oregon Health Authority's Comprehensive Suicide Prevention Grant from the CDC. To learn more about the Oregon CALM training, visit [aocmhp.org/oregon-calm](http://aocmhp.org/oregon-calm).

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**Suicide Prevention**  
Coalition of Lane County