



## Do you find meal ideas and recipes or food gardening tips online?

We want to hear from you!

Oregon State University is looking for Oregon residents, 18-years or older, who are eligible for SNAP benefits and make cooking, grocery shopping, and food preparation decisions for their households.



**We will provide:** \$75 gift card for each person who completes the online (Zoom) conversation about our website.

If you answer "yes" to the following questions, you may be eligible to participate:

Does your household currently receive benefits through Oregon SNAP/Food Stamp Program (i.e., the Oregon Trail card)?

Are you responsible for grocery shopping and preparing meals for yourself or your household?

Do you have access to a desktop computer and use the internet at least once a week?

Could you attend a 30- to 45-minute online conversation?

## Participants will be asked to:

Walk us through your experience using a healthy eating and food gardening website and make suggestions for improvements.



## Find out if you qualify:

Email: Christine.Mouzong@oregonstate.edu
Or Visit: https://beav.es/cqY



