

Mental health support for teens & young adults from professional peer supporters



Mental health care designed for teens & young adults

[Peers.net](#) is a secure and confidential peer support telehealth service by [Flourish Labs](#). On Peers.net, teens & young adults aged 12-30 can get 1 on 1 peer support with a professional peer supporter of their choice.

We offer 1 on 1 support from certified peer support specialists

All of our peer support specialists (aged 18-35) have gone through our rigorous training to national certification standards for Peer Support Specialists. They get ongoing supervision and support from experienced peer supporters. [More info on our training →](#)

Our peer support providers are young adults between the ages of 18 and 35 who are in recovery from mental health and or substance abuse challenges. They provide support for a range of conditions and life experiences, including anxiety, depression, eating disorders, PTSD, bipolar disorder, substance use disorder, neurodiversity, trauma, gender dysphoria and more. [See our directory →](#)

How we're different

- We address health equity and give consumers choice by increasing the numbers of diverse providers, incl LGBTQ+ and BIPOC. Over half of our providers identify as LGBTQ+ and/or BIPOC (as of June 2024)
- We ensure quality, manage risk and measure outcomes via a combination of human supervisors and AI.
- We partner with health plans, provider groups, and youth nonprofits to deliver quality mental health support at no or low cost to youth.



What's peer support?

Peer support is an evidence-based practice to support recovery from mental illnesses and substance abuse disorder. Peer Support Specialists are trained, certified and paid for their work.

Team and Company

Our team has extensive technology, clinical and peer support experience.

[Obi Felten](#)

Founder & CEO

[Kim Newell Green MD FAAP](#)

Co-Founder & Chief Medical Officer

[Ally Linfoot](#)

Head of Peer Support

Peers.net is a telecare service provided by [Flourish Labs](#), a healthcare company on a mission to scale professional peer support with tech to address the mental health crisis.

