

HOSEA YOUTH SERVICES

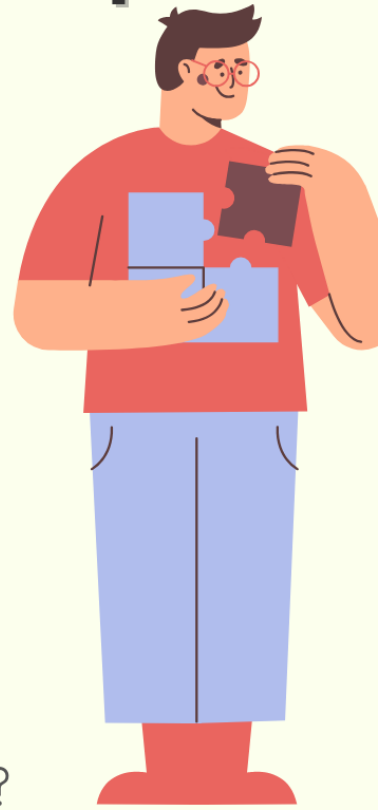
Life Skills 101

Mondays @2pm & Thursdays @4pm

Building a Foundation & Planning for Success

TH	M
8/8	8/12
8/15	
8/22	8/19
8/29	8/26
9/5	9/9
9/12	9/16
9/19	9/23
9/26	9/30
10/3	10/7

- How to Time Manage
- Sewing & Repairs
- Why Self-Care Matters
- Budgeting & Saving
- Practice Interviews + Tips
- Banking & Finance
- Am I in a Healthy Relationship?
- Job Skills
- What's the Plan?



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