



# HOOTS SUMMER CLINICS

July 15 - August 30

HOOTS (Helping Out Our Teens in Schools), a White Bird Clinic program, is holding mental wellness clinics for youth ages 14+ in 4 Eugene community locations.

HOOTS is a free, confidential, and voluntary space to talk about big feels and little feels, mental health, and medical concerns. We can help get folks signed up for OHP, SNAP, find a therapist, and more.

## YMCA

Wednesdays  
11:00am - 2:00pm

## Hosea Youth Services

Thursdays  
11:00am - 2:00pm

## CORE

August 14 & August 28TH  
2:00pm - 5:00pm



## COME SEE US!

Scan the QR code or visit us online at [linktr.ee/hoots.hub](https://linktr.ee/hoots.hub) to learn more about our program and sign up to see us