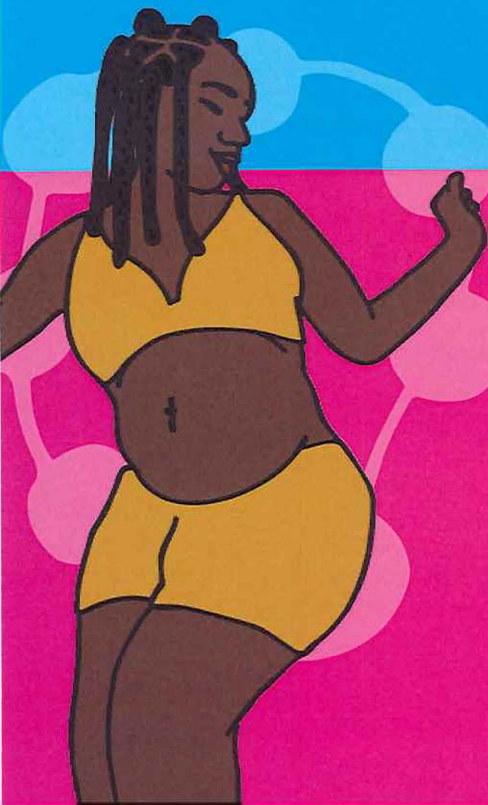


“I look forward to the visits because it is a time I can set aside the rest of my life and focus on having fun with my baby.”

- Lane County FCH Client



FAMILY SUPPORT TEAMS AT FAMILY & CHILD HEALTH (FCH)



PUBLIC HEALTH
FAMILY & CHILD HEALTH

FOR MORE INFORMATION REGARDING FCH:

Phone: 541-682-8720

Fax: 541-682-3925

Email: FCH.Referrals@lanecountyor.gov

INTERPRETATION SERVICES ARE AVAILABLE

Lane County Health & Human Services complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, religion, language, ethnicity, socio-economic status, sexual orientation, gender identity, veteran's status, or political beliefs.

Si usted habla español, los servicios gratuitos de asistencia lingüística están a su disposición.
Favor llamar al 844-647-6720.



**Pregnant?
Parenting?
Seeking Support?
We can help!**

FAMILY SUPPORT

AT



PUBLIC HEALTH
FAMILY & CHILD HEALTH

FAMILY SUPPORT TEAMS SERVE ALL FAMILIES, ESPECIALLY:

- Pregnant people
- Families with children ages three and under
- Children with special health care needs

CAN MY PARTNER PARTICIPATE TOO?

Yes! We encourage partners or family members to be involved to learn how to best support you!

YOUR PERSONAL NURSE OR FAMILY SUPPORT SPECIALIST WILL HELP YOU WORK TOWARDS THE GOALS YOU SET FOR YOURSELF AND YOUR FAMILY.

- Apply for health insurance Oregon Health Plan & others
- Find medical, dental, & mental health care
- Connect with community resources
 - Housing
 - Transportation
 - WIC
 - Food pantries
 - Education
- Learn & understand
 - What to expect during pregnancy & beyond
 - How to feed & care for your baby
 - To manage the stress in your life
 - How to be the best parent you can be!

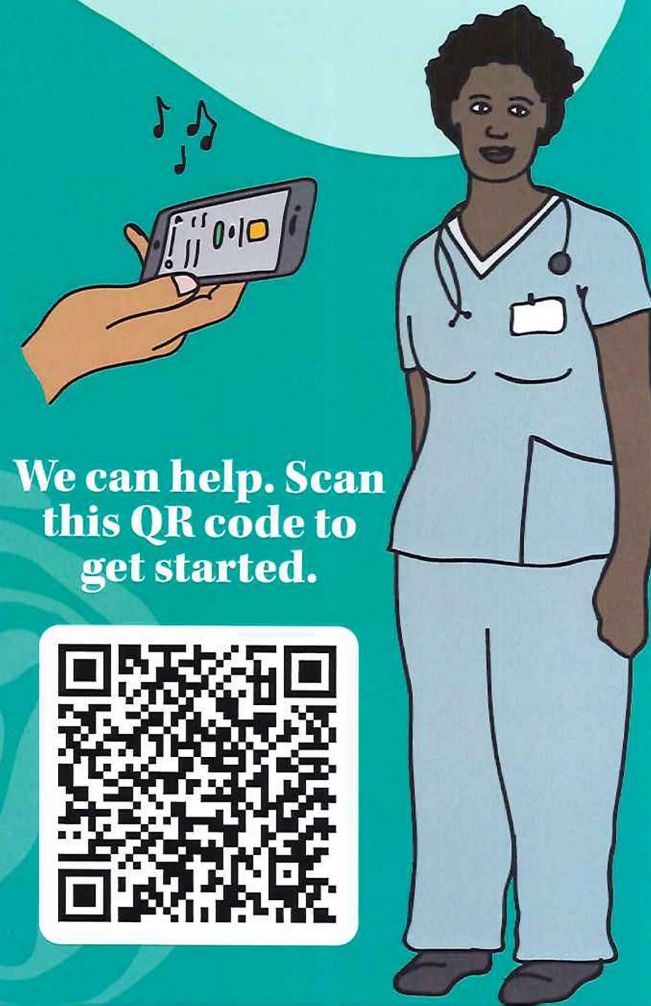


ALL SERVICES ARE FREE

We will meet you at your home or a place of your choice!

“I like having an unbiased person to talk to. It helps me slow down and be able to really think about things.”

- Lane County FCH Parent



**We can help. Scan
this QR code to
get started.**

