

Job Connections Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
We will be CLOSED TO OBSERVE **********************************	SEPTEMBER 3rd is NATIONAL SKYSCRAPER DAY!	Impact of Attitude 2:30 – 4:00 PST Virtual Live	5	6 Effective Applications 1:30 – 3:00 PST Virtual Live
Interview Techniques 2:30 - 4:00 PST Virtual Live	10	Stress & Anger Management 2:30 – 4:00 PST Virtual Live	national CHOCOLATE MILKSHAKE DAY day	13
16	Hational Gymnastics Day Day	What If 2:30 – 4:00 PST Virtual Live	19	ABC's of a Winning Resume 1:30 - 3:00 PST Virtual Live
Job Search Strategies 2:00 – 3:30 PST Virtual Live	24	South Coast Resources 2:30 – 4:00 PST Virtual Live	O LUMBERJACK	Social Media 101 1:30 - 3:00 PST Virtual Live
Welcome Back				

Pre-recorded Workshops can be viewed at a date and time convenient for you: Overcoming a Criminal Background Barrier, IDA Preview, Interview Techniques, Motivation & Attitude, Teamwork & Career Development, Ethics, Time Management & Dependability, and more! See Workshop descriptions on Page 2.

Seneca Job Connections 855 Seneca Rd Eugene, OR (541) 431-3309

Springfield Job Connections 102 30th St Springfield, OR (458) 205-8157 North Bend Job Connections 3696 Broadway North Bend, OR (541) 808-3707

Florence Job Connections 1310 Hwy 101 Florence, OR (541) 590-3541 Cottage Grove Job Connections 1205 Hwy 99 N Cottage Grove, OR (541) 942-1571

Brookings Job Connections 890 Chetco Ave Brookings, OR (541) 813-2370 Midtown Job Connections 3838 Old Seward Hwy Anchorage, AK (907) 563-6355

Dimond Job Connections 8931 Old Seward Hwy Anchorage, AK (907) 344-4640



Wasilla Job Connections 1660 E Financial Dr Wasilla, AK (907) 357-4417

To request access to workshops:

www.goodwill-oregon.org/job-connections or call 541-431-3309



ABC's of a Winning Resume

Learn how to compose a cover letter and resume that reflects your strengths and explore different resume formats.



Effective Applications

In this workshop, you will learn the rules necessary for effective application completion and the resources available to easily complete it.

Ethics, Time Management & Dependability

Acceptable workplace conduct, strategies to budget your time, and how dependability can lead to job security.

*Pre-recorded available



Individual Development Account (IDA) Preview

IDA matched savings accounts help you build assets through financial education, creating a monthly savings habit, and meeting financial goals. Deposits are matched at a 5:1 ratio.

*Pre-recorded Only

Impact of Attitude

Our attitude follows us in every situation and thus has major implications on our success and happiness. It's important to be aware of your own attitudes so you can accept or change them.



Interview Techniques

Provides information, ideas, and tools to prepare you for a job interview. The better prepared you are, the less nervous you will be.

*Pre-recorded available

<u>Job Search Strategies</u>

Does your job search need a jumpstart? The workshop will cover four proven methods to help you find the job you are looking for.

Motivation & Attitude

Discover what motivates you and what shapes your attitude towards work and the world around you.

*Pre-recorded available



Overcoming A Criminal Background Barrier

Learn job search techniques that address your criminal background. Learn about tax credits, how to explain felony convictions in interviews, and create a statement of change.

*Pre-recorded Only



Social Media 101

What do your social media posts say about you? Your online presence can impact your job search. Make the best virtual impression and learn how to utilize social media to locate job leads

South Coast Resources

Learn more about the resources available to you in your community. Different agencies will be invited each month to tell you what they offer and answer questions.

Stress & Anger

<u>Management</u>

Stress is everywhere. It is inescapable. It can affect us in multiple, powerful ways. Stress and anger are two sides of the same coin. Often, we are angry because we are stressed and vice versa.



Teamwork &

Career Development

Discuss how to work better with others, when to know it's time to move on, and how to do so without burning bridges behind you while moving towards career goals.

*Pre-recorded available

What If...

Learn strategies to reduce debt and turn your debt into manageable expenses.



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