



## Join us for our monthly Wonder Wednesdays!

*Learn essential life skills in  
a fun environment while  
enjoying dinner.*



Sept. **Know Your Rights**  
**25** Understand your rights as an individual so you know how to protect yourself in various situations.

Oct. **Cooking on a Budget & Halloween Party**  
**30** Learn how to mindfully budget and cook for yourself while enjoying the tasty food. We encourage you to dress up and enjoy some Halloween tricks and treats!

Nov. **Lane Community College 101**  
**27** Join us to learn what to expect when applying, registering, and attending Lane Community College. Our team will provide resources and guidance to help you feel prepared.

Dec. **Mental Health Awareness & Holiday Party**  
**18** Let's discuss mental health and available peer support services open to all youth. A holiday party for Navigate youth follows up this event!

---

### 2025

---

Jan. **Navigating Health Systems**  
**29** Gain important knowledge and resources on current health systems like insurance, sexual education, finding Primary Care Practitioners, and more!

Feb. **Transportation Station**  
**26** Want to learn more about everything transportation-related? Join us to learn about bike access, car basics, bus routes, and more.



Mar.  
**26**

**Taxes**

A local tax professional will share all the information you need to know to have a basic understanding of taxes.

Apr.  
**30**

**Making it Last**

Learn how to make everyday items last. With support from local community partners, you can learn how to sew, mend, and repair household items “fix it” style.

May  
**28**

**Adulting 101**

Adulting is hard. We get it. Join us to discuss all the adult things, including living on your own and keeping track of important documents.

June  
**25**

**How to Housing**

How to find housing, understand your rights and responsibilities as a tenant, apply for housing, and more!

**Event Details 4:00 pm - 5:30 pm**

Topics change monthly throughout the year, register today!

📍 **Spark at Booth-Kelly**  
*303 S 5th St. STE 150, Springfield, OR*

📍 **Cottage Grove (Shepherd Room)**  
*700 E. Gibbs Ave, Cottage Grove, OR 97424*



**Register Here**

[go.connectedlane.org/navigate-events](https://go.connectedlane.org/navigate-events)