

# Central Oregon Wellness Ranch



## *Women Veteran's* **WELLNESS RETREATS**

**FRIDAY:**

**MAY 2, 2025 OR  
MAY 9, 2025 OR  
MAY 30, 2025**

**8:45am-4:30pm**

One-day of self-care &  
wellness activities for  
Veterans in Oregon - travel  
stipend & lodging avail

**RESERVE YOUR SPOT!**

Please contact Tammy:  
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