









MAY

JOB CONNECTIONS CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
				Job Search Strategies 2 1:30 – 3:00 PST Virtual Live
	6	7 Impact of Attitude 2:30 – 4:00 PST Virtual Live	8	
Effective Applications 12 12:00 – 1:30 PST Virtual Live	May 13th Happy Frog Jumping Day! 	14 What If... 2:30 - 4:00 PST Virtual Live	15	16 Interview Techniques 1:30 – 3:00 PST Virtual Live
	20	21 Stress & Anger Management 2:30 – 4:00 PST Virtual Live		23
26 Social Media 101 12:00 – 1:30 PST Virtual Live	Grape Popsicle Day 	28 South Coast Resources 2:30 – 4:00 PST Virtual Live	29	30 ABC's of a Winning Resume 1:30 – 3:00 PST Virtual Live

Pre-recorded Workshops can be viewed at a date and time convenient for you: Overcoming a Criminal Background Barrier, IDA Preview, Interview Techniques, Motivation & Attitude, Teamwork & Career Development, Ethics, Time Management & Dependability, and more! See workshop descriptions on Page 2.

Seneca
Job Connections
855 Seneca Rd
Eugene, OR
(541) 431-3309

North Bend
Job Connections
3696 Broadway
North Bend, OR
(541) 808-3707

Cottage Grove
Job Connections
1205 Hwy 99 N
Cottage Grove, OR
(541) 942-1571

Midtown
Job Connections
3838 Old Seward Hwy
Anchorage, AK
(907) 563-6355

Wasilla
Job Connections
1660 E Financial Dr
Wasilla, AK
(907) 357-4417

Springfield
Job Connections
102 30th St
Springfield, OR
(458) 205-8157

Florence
Job Connections
1310 Hwy 101
Florence, OR
(541) 590-3541

Brookings
Job Connections
890 Chetco Ave
Brookings, OR
(541) 813-2371

Dimond
Job Connections
8931 Old Seward Hwy
Anchorage, AK
(907) 344-4640

GOODWILL
INDUSTRIES

TO REQUEST ACCESS TO WORKSHOPS:

WWW.GOODWILL-OREGON.ORG/JOB-CONNECTIONS OR CALL 541-431-3309.

May WORKSHOPS AND CLINICS

ABC's of a Winning Resume

Learn how to compose a cover letter and resume that reflects your strengths and explore different resume formats.

Effective Applications

In this workshop, you will learn the rules necessary for effective application completion and the resources available to easily complete it.

Ethics, Time Management & Dependability

Acceptable workplace conduct, strategies to budget your time, and how dependability can lead to job security.

***Pre-recorded available**

Impact of Attitude

Our attitude follows us in every situation and thus has major implications on our success and happiness. It's important to be aware of your own attitudes so you can accept or change them.



Individual Development Account (IDA) Preview

IDA matched savings accounts help you build assets through financial education, creating a monthly savings habit, and meeting financial goals. Deposits are matched at a 5:1 ratio.

***Pre-recorded ONLY**

Interview Techniques

Provides information, ideas, and tools to prepare you for a job interview. The better prepared you are, the less nervous you will be.

***Pre-recorded available**



Job Search Strategies

Does your job search need a jumpstart? The workshop will cover four proven methods to help you find the job you are looking for.

Motivation & Attitude

Discover what motivates you and what shapes your attitude towards work and the world around you.

***Pre-recorded available**



Overcoming a Criminal Background Barrier

Learn job search techniques that address your criminal background. Learn about tax credits, how to explain felony convictions in interviews, and create a statement of change.

***Pre-recorded ONLY**



Social Media 101

What do your social media posts say about you? Your online presence can impact your job search. Make the best virtual impression and learn how to utilize social media to locate job leads.



South Coast Resources

Learn more about the resources available to you in your community. Different agencies will be invited each month to tell you what they offer and answer questions.



Stress & Anger Management

Stress is everywhere. It is inescapable. It can affect us in multiple, powerful ways. Stress and anger are two sides of the same coin. Often, we are angry because we are stressed and vice versa.



Teamwork & Career Development

Discuss how to work better with others, when to know it's time to move on, and how to do so without burning bridges behind you while moving towards career goals.

***Pre-recorded available**

Time Management

Here's your chance to investigate how you are using your time and to design your own Time Management Plan.



TO REQUEST ACCESS TO WORKSHOPS:

WWW.GOODWILL-OREGON.ORG/JOB-CONNECTIONS OR CALL 541-481-3809.