

## YOU ARE INVITED!

The Trauma Healing Project Center for Learning and Practice invites you to join our:



## FALL 2025 MULTIDISCIPLINARY TRAUMA-INFORMED HEALING CENTERED PRACTICE COHORT

This is a 50-hour CME\* training and applied practice program for health, wellness and human service professionals designed to increase the understanding, knowledge, and skills necessary to provide effective and sensitive care to community members impacted by trauma. The program is open to complementary and traditional health and wellness practitioners; conventional health and behavioral health, early childhood care and social service providers; community health workers and other peer support providers; and frontline workers providing direct services and resources. This intensive and innovative in-person cohort begins with an all-day retreat October 2, 2025.

Though awareness of the prevalence and impact of trauma has grown among providers and in the wider community, there continue to be gaps in knowledge and skills, inadequate resources to address critical needs, and increases in toxic stress for many in our community. At the same time, trauma-impacted people in our community often express high levels of distress, conflict, and behaviors that can make it hard to effectively provide support and resources. As a result of these and other stressors, care providers are experiencing burnout, secondary trauma, and compassion fatigue, with many struggling to stay healthy and engaged in their work.

This program will help practitioners meet the increased need among trauma-impacted community members for effective care and support for healing, and the growing professional expectation in many disciplines for providing trauma-sensitive care. The program will also provide resources, information and practice opportunities to support practitioner health and wellbeing.

### Overview of Program:

- Nine in-person sessions (three full-day sessions; six 4-hour sessions)
- Access to weekly office hours with instructors & program support staff
- Individual and small-group projects to solidify the learning process
- Optional advanced and practice sessions on topics of interest to the group
- Certificate of completion and Continuing Medical Education Credits\*
- Post Session Advanced Practicum & Monthly Facilitated Support Options with THP

\* **Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of PeaceHealth Sacred Heart Medical Center and The Trauma Healing Project. **Designated Credit Statement:** PeaceHealth Sacred Heart Medical Center designates this live activity for a maximum of 50 AMA PRA Category 1 Credit(s)™. Physicians claim only the credit commensurate with the extent of their participation in the activity. There are no conflicts of interest in the provision of CME credits for this activity.

**Participants will gain competency in the following areas:**

- Definitions, Developmental Impact and Neurobiology of Trauma
- Ethics, Communication & Boundaries
- Crisis Prevention, De-escalation & Recovery
- Suicide Prevention & Postvention
- Trauma-Informed Pain Management
- Responding to Trauma and Supporting Healing and Connection
- Cultural Competency & Culturally Sustaining Practice
- Sustaining Ourselves in the Face of Stress and Trauma
- Approaches to Healing and Recovery

We look forward to welcoming you into this program. By attending this course, you will be a part of an inspired group of practitioners who will help shepherd a new standard of trauma-sensitive practice into our communities. Please note that this course will be held in-person in Eugene, Oregon.

To express interest in participating or assisting in this course, go to [healingattention.org/cohort](https://healingattention.org/cohort)



**Course Schedule – Deadline to Register for the Fall Cohort is September 15, 2025**

October 2, 2025 – 9:00am to 4:30pm – Program Orientation and Initial Course Work

Weekly Classes 12:30 to 4:30pm – Thursdays, October 9 – November 13, 2025

November 20, 2025 – 9:00am to 4:30pm – Final Coursework and Project Planning Retreat

By Appointment November 21 – December 4, 2025 Office Hours & Small Group Project Meetings

December 11, 2025 – 9:00am to 4:30pm – Project Presentations, Course Review and Celebration

Cost: Sliding Scale \$1,000 - \$3,000 for program participants. Please contact us to discuss what makes sense for you.

To contact us email one of our staff or call 541-687-9447 and ask for:

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