

Live, Virtual, and Interactive!

Introduction to Motivational Interviewing (MI)

:MI with a Focus on Tobacco Use and Treatment

6.5
MHACBO
Approved
CEUs

Monday

September 29th, 2025

From 9:00 am to 5:00 pm

Enrollment Fee:

- No cost for providers and staff serving OHP clients in Lane County, Reedsport, and Harrisburg!
- \$40 for other participants.

Space is limited; please notify us if you register but cannot attend.

About the Training

This one-day course will provide an introduction to the Motivational Interviewing (MI) framework and basic skills while incorporating discussion around tobacco use and treatment. Course material will include the readiness for change model, Spirit of Motivational Interviewing, common barriers to communication, the readiness for change framework, implementation of the OARS skills, and numerous other Motivational Interviewing concepts.

This training is a good fit for behavioral/medical health professionals and for those in other types of helping or healing professions, including case managers, nurses, traditional health workers, and more. It will be a best fit for participants with little or no experience with Motivational Interviewing, those looking to refresh their skills and have opportunity to practice, and for those who are looking to explore the use of MI within the context of tobacco and nicotine treatment.



This is a highly interactive training and there will be demonstrations, group discussion, and opportunities to explore and apply MI skills and concepts both individually and in breakout groups.

About the Trainer

Lisa Carlson, LMFT, is a licensed marriage and family therapist with a private practice in Eugene, OR. Lisa holds a National Certificate in Tobacco Treatment Practice (NCTTP) and is designated a UMASS Tobacco Treatment Specialist Trainer. Lisa is an Internal Family Systems (IFS) Certified Therapist and an American Association for Marriage and Family Therapy (AAMFT) Approved Supervisor. She presents regularly within community and educational settings on topics related to mental health, addiction, and counseling practices.

[Click here to register](#)



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