

Empower Yourself with Knowledge:

**A Panel Discussion about Personal
Protection for LGBTQIA+ and
our Allies and Families**

**Sept. 27, 2025: 1pm - 3pm
Eugene, Oregon**



...bullying, shock and awe, fear tactics, physical and verbal violence?
It feels like it is everywhere and is increasing; it is cutting into our
lives, our families, our livelihoods, our allies and our communities!

**Is your anxiety heightened?
You are not alone!**

Some might be thinking about purchasing a firearm for protection.
Some of us might be just starting to consider options. You?

What? Purchase a gun? **What does that involve?** What factors should be considered?
Decisions about personal protection can be daunting, **scary**, or even **complex** if
firearms are involved. Commitment to a path that's right for you is most important.

Let's talk about it!

Our Panel includes community members who are certified firearms instructors,
an empowerment self-defense instructor and others with perspectives to share
on personal protection planning, responsibility and accountability.

The Panel will give presentations about their relationship with
the LGBTQIA+ community, their perspectives on personal
protection, empowerment self-defense, and answer questions.

Location: Unitarian Universalist of Eugene, 1685 W 13th Ave, Eugene, OR 97402
-- a welcoming and safe facility -- refreshments will be available --
When: September 27th 1pm -- no entry after panel discussion begins --
FREE – Donations Accepted at the Door

Organizations that are LGBTQIA+ supportive, allied and welcoming of other sensitive and targeted communities are invited to reserve a spot to bring empowerment self-defense and personal protection ideas to a small expo; share your ideas and skills. No weapons are allowed at UU Eugene. Leave the sharp, pointy and bangy things at home. This event is not affiliated with an organization; it is a community peopled event. Security will be in place. No entry after Panel Discussion begins; a secure facility. For more information please email expo.eugene@proton.me. **THIS IS A WELCOMING EVENT.** If someone you know could benefit from this event please encourage them to attend with you. Our outreach is LGBTQIA+ focused, but all are welcome.