FREE VIRTUAL WORKSHOPS FOR PARENTS OF PRETEENS (4TH-6TH GRADERS)

JOIN OTHER PARENTS TO LEARN WAYS TO:

- support your preteen's mental health, positive self esteem & success at home and school
- take care of yourself as a parent!

GROUPS STARTING SOON!

Thursday

10/16-12/11

11:30 AM- 1:00 PM

Tuesday

10/21-12/16

6:30 PM-8:00 PM













