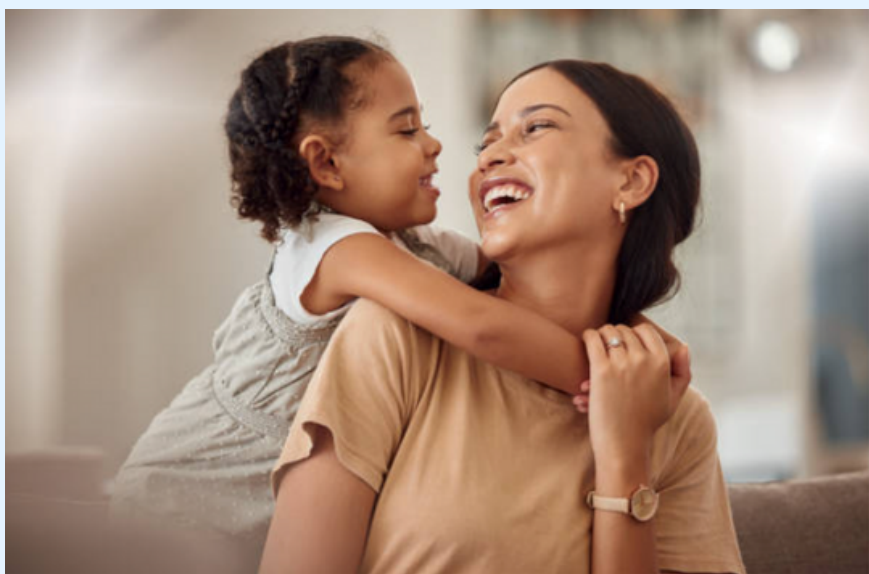




# Center *for* Family Development

## Positive Solutions for Families Group

*A 7-week group to support parents of 3-6 year-olds*



*This group is FREE for all participants thanks to a grant for the Early Childhood Hub of Lane County.*

This 7-week group is for parents with children ages 3-6 years old. Session content focuses on:

- Managing challenging behaviors
- Using positive discipline strategies
- Using evidence based practice approaches to parenting
- Building positive relationships
- Implementing successful family routines
- Teaching self-regulation and emotion-regulation strategies to children

Parents may also receive a certificate of completion.

**Group Details:** Starting Tuesday, 11/18/25 12pm-2pm in person at Center for Family Development

**Group meets weekly on Tuesdays from 12-2pm, ending on 12/30/25.**

To enroll or inquire, contact our Perinatal Group Coordinator at 541-735-1635 or visit [c-f-d.org](http://c-f-d.org) to enroll on our website by clicking “Enroll Now”

