



Center *for* Family Development

Positive Parenting Group

A 10-week group to support parents of 0-3 year-olds

This 10-week group is for parents of children 6 months to 3 years. Session content focuses on:

- Understanding and supporting children's temperament
- Building positive relationships
- Implementing successful family routines
- Teaching self-regulation and emotion-regulation strategies to children

Parents may receive a certificate of completion.



This group is FREE for all participants, thanks to a grant from the Early Childhood Hub of Lane County.

Group Details: Starting Wednesday, 02/11/26, 1-3pm in-person at Center for Family Development.

Group meets weekly on Wednesdays from 1-3pm (skipping 03/25/26, 4J Spring Break) and ending on 04/22/2026.

Contact our Perinatal Group Coordinator at 541-735-1635 or visit c-f-d.org to enroll or inquire on our website

