

# Milkweed & Honey

DOULA & PEER SERVICES



## OUR SERVICES:

### Full-Spectrum Doula Care

- Trauma Informed Birth support
- Abortion care and support
- Reproductive health navigation
- STD/STI Resource & Referral
- Healthcare/DHS system navigation
- Uses a Harm Reduction Approach
- Support for young people ages 16-29 (housed, unhoused, and housing-insecure)

### Integrated Peer Case Management

- Holistic support addressing housing, benefits, and legal advocacy
- Staff with lived experience in substance use, systems involvement, and housing instability
- Participant-centered, coordinated care planning using the Wrap Model



**(503) 877-5320 (call or text)**



**Instagram:core.eugene**



**www.coreeugene.org**

## ABOUT

Milkweed & Honey provides full-spectrum doula and peer services for young people ages 16-29. Our team includes doulas and peer specialists with lived experience who walk alongside you throughout your reproductive health journey.

**We believe young people are the experts in their lives.**

