



Center *for* Family Development

Positive Solutions for Families Group

A 7-week group to support parents of 3-6 year-olds



This group is FREE for all participants thanks to a grant for the Early Childhood Hub of Lane County.

This 7-week group is for parents with children ages 3-6 years old. Session content focuses on:

- Managing challenging behaviors
- Using positive discipline strategies
- Using evidence based practice approaches to parenting
- Building positive relationships
- Implementing successful family routines
- Teaching self-regulation and emotion-regulation strategies to children

Parents may also receive a certificate of completion.

Group Details: Starting Tuesday, 03/31/26 from 12pm-2pm in person at Center for Family Development

Group meets weekly on Tuesdays from 12-2pm, ending on 05/12/26.

To enroll or inquire, contact our Perinatal Group Coordinator at 541-735-1635 or visit c-f-d.org to enroll on our website by clicking “Enroll Now”

