

# Integration of a Culture of Wellness through Building Resilient Teams Workshop

## Featuring Facilitator

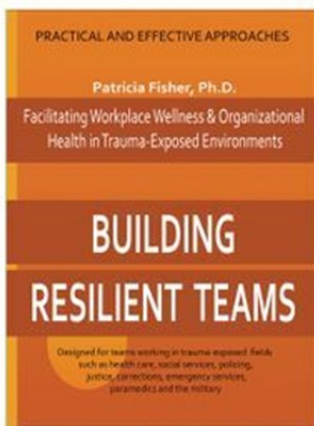
Françoise Mathieu—M.Ed., CCC., RP



Françoise Mathieu is the founder of *Compassion Fatigue Solutions* and one of the leaders of Compassion Fatigue and Vicarious Trauma education in North America. She is also the author of *The Compassion Fatigue Workbook*.

Françoise now serves as Co-Executive Director of TEND and divides her time between public speaking engagements and working with organizations to train their teams about burnout,

compassion fatigue, vicarious trauma, high stress workplaces, self-care and wellness.



The workshop will focus on how to support educators, with a focus on beginning educators, on coping with the stresses of the profession to lower burnout rates and chronic health conditions impacting job satisfaction, retention, and ultimately educators' ability to foster positive learning outcomes for the students they serve.

### Dates of Workshop:

**September 24-25\*,  
2018**

**\*September 25th will  
focus on action planning.  
Attendance on second  
day is by ODE invitation  
only.**

### Location of Workshop:

Lane Community College  
4000 E. 30th Ave.  
Eugene, OR 97405

### Registration link:

[www.surveymonkey.com/r/  
ZN2JLKB](http://www.surveymonkey.com/r/ZN2JLKB)

**No registration fee!**



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