



### SET HOPE IN MOTION!

Families right here in our community face daily obstacles. Help set Hope in Motion for children and parents in your community by telling your friends and family about Family Tree Relief Nursery!

Here are some ways you can tell others about our services or how they can support their community through Family Tree Relief Nursery:

- **TEXT OR EMAIL YOUR FRIENDS**
- **LIKE & FOLLOW US ON FACEBOOK AND INSTAGRAM**
- **SHARE OUR SOCIAL MEDIA POST**

A close-up of two hands holding a red wooden heart. A white rectangular label with the word 'Support' in blue text is placed over the heart.

Support

## HOW YOU CAN HELP

*Your contribution can change someone's life for the better!*

### 1. DIAPERS

Studies show families who struggle to provide diapers have higher rates of child abuse. Help reduce the rates of child abuse by donating diapers today!

### 2. SANITARY SUPPLIES

Families struggling financially can use your help to ensure they have access to adequate hygiene supplies.

### 3. MONETARY

Your financial contribution helps put Hope in Motion for families in our community. Sign up to give a one-time donation or become one of our ELITE donors by becoming a monthly donor!

DONATE HERE



*"Every child needs a champion, an adult who will never give up on them."*  
-Rita F Pierson

“healthy kids + strong families = thriving community”

## ABOUT US

Healthy kids and strong families are essential for a thriving community. We work towards creating a thriving community by offering hope to parents who are struggling. Thanks to community supporters, like you, we are able to offer:

- Food bank
- Diaper bank
- Hygiene closet
- Therapeutic Early Childhood, Outreach, Family Support, and Peer Mentorship Programs

☎ 541-967-6580

🌐 [www.familytreern.org](http://www.familytreern.org)

✉ P.O. Box 844, Albany, OR 97321

Check us out on  
Facebook and Instagram!

## TECP & OUTREACH

Our Therapeutic Early Childhood Program and Outreach Program offer:

- Home Visiting services centered around child and family goals
- Wobbler (Lebanon site only), Toddler and Preschool Classroom services offered twice a week for 3 hours
- Respite Class for children 2-5 years old bi-weekly for 2 ½ hours
- Developmental Assessments (ASQ/ASQ:SE)
- Access to community resources and referrals

## FAMILY SUPPORT PROGRAM

Family Support and Connections focuses on child abuse prevention by providing one on one parent education, connecting families with local resources, and helping families reach goals that they set.

## PEER MENTORSHIP

- A Peer Mentor is a person with lived experience that understands the problems of substance use and/or mental health. A Peer has “been there” and has walked the journey of recovery and wellness. Peers offer valuable relationship and can walk alongside the family to address barriers for a period of time.
- Peer Mentors help parents in recovery from substance use and/or mental health issues and assist parents maintaining sobriety by helping to access meetings, treatment, referrals to agencies and other supports as needed.

