

14th Annual CREDN Conference for Professionals

Dynamic Strategies for the Treatment of Eating Disorders: Skills to Strengthen the Client and the Clinician

Kathryn Zerbe, M.D.

Joyce Korschgen, L.P.C., EAP

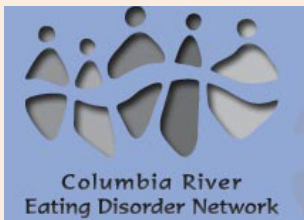
Barbara Long, M.D.

Saturday, February 26, 2011, 8:30 a.m.- 4 p.m.
Lewis & Clark College, Smith Hall



Kathryn Zerbe, M.D. is a psychiatrist and author of over 100 clinical papers, book chapters, reviews, and four books, including the landmark *The Body Betrayed: Women, Eating Disorders, and Treatment*. Dr. Zerbe is in private practice of psychoanalysis and psychodynamic psychotherapy in Portland and a Clinical Professor of Psychiatry at OHSU.

Lewis & Clark
Graduate School of
Education and Counseling



The Columbia River Eating Disorder Network (CREDN) is a non-profit organization composed of treatment professionals dedicated to the prevention and treatment of eating disorders. Annual membership is just \$35. For more information visit healeatingdisorders.com.

Keynote, 8:30 a.m. - noon

Transference and Countertransference,
Kathryn Zerbe, M.D.

Key learning objectives of this workshop include: discussion of at least three new ways that transference/countertransference reactions may impact the treatment; current neuropsychiatric and cultural theories of transference and countertransference; and the role of complex transference reactions that may lead to therapist burnout and other difficulties in the work.

Afternoon Session, 1 - 2 p.m.

Obesity and Eating Disorders - Four Case Studies, Kathryn Zerbe, M.D.

Key learning objectives of this workshop include: identifying how the patient's unique personal history influences their use of weight and food in defining conscious and unconscious self images; potential psychological costs in changing that self image; and how anorexia nervosa, other eating disorders, and overweight are often opposite sides of similar psychological struggles.

Afternoon Breakouts, 2:15 - 4 p.m.

Equine Assisted Psychotherapy (EAP): Understanding the Use of Metaphor in Experiential Treatment, Joyce Korschgen, L.P.C., EAP

Key learning objectives of this workshop include: overview of the use of experiential therapeutic models using horses; delineation of specific activities in the use of horses in equine assisted psychotherapy; and the concept of metaphor as a therapeutic tool in experiential psychotherapy.

Female Athlete Triad: An Update,
Barbara Long M.D.

Key learning objectives of this workshop include: definition of the Female Athlete Triad; the four components of the Female Athlete Triad continuum; and discussion of three treatment resources in the community for patients with Female Athlete Triad.

For more information visit graduate.lclark.edu/programs/continuing_education/events/

Fees & Registration

\$130 early registration (on or before 2/13) for CREDN members; \$145 after 2/13.
\$150 early registration (on or before 2/13) for non-CREDN members; \$165 after 2/13.
\$50 for students and residents.

6 CEUs available.

Includes lunch and afternoon refreshments. Registration form on next page.

Joyce Korschgen, L.P.C., EAP has been in private practice for 25 years. Her background includes direct service staff counselor at the Portland Adventist Eating Disorder Program. Her commitment to "team treatment" as the cornerstone of recovery work inspired the founding of the Alliance Counseling Center. An avid horsewoman and amateur competitor, Joyce is the force behind Harmony in Motion, Alliance Counseling Centers' Equine Assisted Psychotherapy (EAP) program.

Barbara Long, M.D. is Clinical Professor of Pediatrics, Division of Adolescent Medicine at OHSU and is board certified in Adolescent Medicine, Pediatrics, Preventive Medicine, and Primary Care Sports Medicine. Dr. Long works with homeless and uninsured youth through Outside In and her special interests include promoting healthy, active lifestyles and working with issues unique to female athletes.

Submit this form with full payment to:

Center for Community Engagement

Lewis & Clark College

MSC 85

0615 SW Palatine Hill Rd.

Portland, OR 97219-7899

p: 503-768-6040

f: 503-768-6045

name _____

address _____

city/state/zip _____

day phone _____

e-mail _____ work site _____

CREDN Member? ☐ yes ☐ no Student? ☐ yes ☐ no

payment: ☐ check enclosed _____ purchase order # _____

charge my: ☐ VISA ☐ Mastercard _____ amount due: \$ _____

cc# _____ exp date: ____ / ____ v code: _____

signature _____

cardholder name and phone number _____

Note: Confirmations will be sent via email unless otherwise noted.

All cancellations must be received in writing at least three business days prior to the event for a full refund.

CREDN 2011 Conference for Professionals



Lewis & Clark
Graduate School of
Education and Counseling

