



**morrison**  
the learning institute

rebuilding families  
with research-based  
practices

presents

# Contemporary Families 2012

## Building Blocks to a Better Practice

**August 6 – 8, 2012**

Crowne Plaza Portland  
Downtown/Convention Center  
Portland, Oregon



**morrison**  
child & family services

11035 NE Sandy Boulevard • Portland, OR 97220  
(503) 258-4317 • [www.morrisonlearning.org](http://www.morrisonlearning.org)



## Who are we?

Founded in 1947, Morrison Child and Family Services is a non-profit organization that delivers specialized mental health services to children and families coping with adversity and trauma. As an organization, we deeply respect the complexity of human nature and human needs: We guide children and their families through challenging issues by tailoring treatment to address their specific needs in developmentally and culturally appropriate ways.

The Learning Institute at Morrison is an educational program offering professional development to all those dedicated to making a difference in the lives of children and families, from physicians to therapists to social service professionals. The Learning Institute brings national attention to the award-winning programs and delivery systems currently in place at Morrison Child and Family Services and in turn offers top-quality trainings, workshops and seminars.

## About this event

The Learning Institute at Morrison will hold its inaugural conference - Contemporary Families 2012 - August 6-8, 2012 at the Crowne Plaza Downtown /Convention Center area in Portland, Oregon. The conference will provide hundreds of mental health professionals from across the country, along with many local social service agencies, the building blocks they need to improve their clinical work. This institute offers exposure to nationally established best practices, seminal research, and engaging critical thinkers on topics foundational to understanding mental health and child development in contemporary families. The real target population, however, is the thousands of people who will receive enhanced clinical treatment from the professionals who join us for this conference. Visit our website, [www.morrisonlearning.org](http://www.morrisonlearning.org), for the complete conference schedule.

## Accreditation

We are currently seeking approval for 16.5 Continuing Education Units from the National Association of Social Workers and Continuing Medical Education credits.

## Conference Hotel



### Crowne Plaza Portland Convention Center

1441 NE 2nd Avenue, Portland, OR 97232

Tel: 503.233.2401 Fax: 503.238.7016

### Special Conference Room Rate:

**\$125/night**

**Use Conference Code MCF**

To make reservations call (877)-2-CROWNE, visit [www.cpportland.com](http://www.cpportland.com) or call the hotel directly at (503) 233-2401. *Please use conference code MCF when making reservations to receive the special conference rate.*

Located in the vibrant Lloyd Business District, the Crowne Plaza Portland Downtown/Convention Center is at the heart of the city's best attractions. The hotel is within four blocks of the Oregon Convention Center, the Memorial Coliseum and the Rose Garden Arena, home of the NBA Portland Trail Blazers. The Lloyd Center Mall (Oregon's largest tax-free shopping mall) is also within walking distance. The Crowne Plaza is located in the Free Rail Zone featuring Portland's light rail system MAX, providing quick and easy access throughout downtown free of charge. The Portland International Airport (PDX) is located just 10 miles from the hotel, a short ride in our complimentary shuttle.

## Guest Speakers

### **Terry Cross**

*Executive Director,  
National Indian Child  
Welfare Association*



### **Howard Ross**

*Chief Learning Officer,  
CookRoss*



### **Wendy N. Davis, PhD**

*Executive Director,  
Postpartum Support  
International*



### **Senator Gordon Smith**



### **Vincent Felitti, MD**

*Principal Investigator,  
Adverse Childhood  
Experience Study*



### **Derald Wing Sue, PhD**

*Professor of Psychology  
and Education in the  
Department of Counseling  
and Clinical Psychology at  
Teachers College and the  
School of Social Work,  
Columbia University*



### **Drs. John and Julie Gottman**

*The Gottman Institute*



### **Governor Barbara Roberts**



### **David Willis, MD, FAAP**

*Medical Director,  
Artz Center for  
Developmental Health  
& Audiology*



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# CONTEMPORARY FAMILIES 2012

## Conference Schedule

### Monday, August 6, 2012

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9am-12pm **101: Diversity, Inclusion and the Concealed Mind**

Howard Ross, *Chief Learning Officer, CookRoss*

As the diversity of our society continues to expand in revolutionary ways, the interaction between family and mental health providers and their clients becomes increasingly influenced by factors such as race, culture, ethnicity, sexual orientation, religion, etc. This presentation will focus on how breakthroughs in cognitive science and neuroscience allow a deeper understanding of what our mind does with those differences, and how we can become more conscious of the impact of culture on clinical and community interactions.

12-1:30pm **Opening Luncheon**

Guest Speaker: Senator Gordon Smith

1:30-5pm **102: Reinventing Diversity: Transforming Organizational Community to Strengthen People, Purpose and Performance**

Howard Ross, *Chief Learning Officer, CookRoss*

21<sup>st</sup> Century diversity requires 21<sup>st</sup> Century thinking. This presentation will focus on the relevancy of diversity today and spotlight three paradigm shifts that will transform the way people and organizations approach this critical issue:

- The development of a deeper understanding of globalism and cultural competency;
- Moving from "them vs. us" blame placing approaches to a deeper understanding of how we 'think' about diversity; and
- A move from simple diversity events to a greater appreciation of organizational culture and systems change.

1:30-5pm **103: Helping Children and Families Understand Microaggressions: What Parents Must Do**

Derald Wing Sue, PhD

*Professor of Psychology and Education in the Department of Counseling and Clinical Psychology at Teachers College and the School of Social Work, Columbia University*

This workshop is aimed at presenting cutting edge research and perspectives on the manifestation, psychological dynamics, and impact of microaggressions on the well-being of marginalized groups, and will (a) elucidate their role in assailing the group identities of target groups, (b) reveal how they create disparities in education, employment, and health care, (c) identify common and group-specific forms of microaggressions, and (d) suggest strategies to overcome microaggressions on an individual, institutional, societal, and cultural level. Special attention will be devoted to how parents can teach their children about microaggressions.

6-7:30pm **Networking Reception**

Guest Speaker: Governor Barbara Roberts

Enjoy networking with your colleagues and a presentation by our guest speaker, former Oregon Governor Barbara Roberts, at the historic Left Bank Annex

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## Tuesday, August 7, 2012

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9am-5pm

### **104: Gottman Couples Therapy—Level 1 Training**

Drs. John and Julie Gottman, *The Gottman Institute*

This is the first step in learning Gottman Method Therapy! A truly inspiring workshop, Level 1 training will give you new insight into couples' struggles using research-based assessments and effective interventions. Combining lecture, video from Dr. John Gottman's research with couples, and film clips from the Gottmans' clinical practice, it teaches you:

- Proven strategies and tools to help couples successfully manage conflict
- Skills that empower partners to dialogue about their worst gridlocked issues
- Approaches for multiple presenting co-morbidities including incest, the effects of poverty, PTSD and infidelity
- Methods to help couples process their fights and heal their hurts
- Techniques for couples to deepen their intimacy and minimize relapse

2-DAY  
FEATURED  
COURSE

9am-12pm

### **105: Maternal Mental Health During Pregnancy and Postpartum: Facilitating Recovery and Positive Attachment**

Wendy N. Davis, PhD,

*Executive Director, Postpartum Support International*

Maternal mental health is an integral part of a child's earliest environment, and has a distinct and lasting effect on human development. The perinatal period is a time of great vulnerability in which the basic security of infants and mothers can be either disrupted or strengthened. Our challenge is to effectively address and prevent the risks of untreated mental health disorders without increasing the shame and fear women often feel in the midst of a perinatal mental health crisis. This presentation will discuss effective assessment, prevention, and intervention strategies that can help families feel empowered and proactive. We will discuss signs and symptoms, assessment, impact on pregnancy, infant and child development, risk factors and prevention, methods to nurture positive and authentic attachments, and resources for support, education, and treatment.

1:30-5pm

### **106: The Price of Oppression: Child Development and Mental Health in a Post Colonial Society**

Terry Cross, MSW, ACSW, LCWS

*Executive Director, National Indian Child Welfare Association*

This presentation examines the Indigenous experience of living in a post-colonial society rife with disparities contributing to Adverse Childhood Experiences (ACEs). The relationships between ACE's and negative mental health and developmental outcomes will be discussed. Further, the presentation will cite recent studies that point to culture as a strong mitigating factor to reduce the harms associated with ACEs. Using the Relational Worldview as a critical thinking tool and guide, the presenter will discuss how American Indian and Alaska Native helping professionals and agencies are taking specific decolonizing actions to promote healthy development and support positive outcomes through a trauma-informed approach.

5-6:30pm

### **Poster Sessions, Wine and Cheese Reception**

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## Wednesday, August 8, 2012

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9am-5pm

### **104: Gottman Couples Therapy—Level 1 Training: Day II**

Drs. John and Julie Gottman, *The Gottman Institute*

Continuation from Day 1 of the Level I Gottman Couples Therapy training.

2-DAY  
FEATURED  
COURSE

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## Wednesday, August 8, 2012 (cont.)

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9am-12pm **107: The Adverse Childhood Experiences (ACE) Study:  
Bridging the Gap Between Childhood Trauma and Negative  
Consequences Later in Life**

Vincent Felitti, MD

*Principal Investigator, Adverse Childhood Experience Study*

The Adverse Childhood Experiences (ACE) Study is a long term, in-depth analysis of more than 17,000 adult San Diego members of Kaiser Permanente, in which researchers matched current health status against 10 categories of advance childhood experiences a half-century earlier. The study authors found that (a) adverse childhood experiences are common, although they are typically concealed and unrecognized; (b) they still have a profound effect 50 years later, although now they have evolved from psychosocial experience to organic disease and mental illness; and (c) adverse childhood experiences are the main determinant of the United States' health and social well-being.

1:30-3pm **108: ACE Study Research into Practice: How Do We Use the Data?**

David W. Willis, MD, FAAP

*Medical Director, Artz Center for Developmental Health &  
Audiology*

The Adverse Childhood Experiences studies have transformed our understanding of the impact of early childhood trauma on lifelong health, mental health and educational outcomes, at a population level. Thus, from a primary prevention perspective, we know that we must address the ACE's of infants and young children far "upstream" that create the "toxic stress" known to adversely impact brain, health and developmental patterns for a lifetime. This presentation will review emerging understanding of early human development and the impact of ACE's, family stress and toxic stress on child lifespan trajectories, brain development and educational outcomes. The discussion will continue with emerging community-based approaches that focus on breaking the generational transmission of trauma by intentionally addressing the impact of ACE's on the youngest parent-infant relationships and young children's experiences.

3-5:00pm **109: Panel Discussion—Doing it Together:  
Breaking Down the Barriers**

Vincent Felitti, MD

Wendy Davis, PhD

David W. Willis, MD, FAAP

## Thank You to Our Sponsors





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# Conference Registration Form

## Tuition Pricing

*Full 3-Day Conference, Mon-Wed, August 6-8*

Early Bird Tuition: \$595 (through May 4)  
Standard Tuition: \$650 (on or after May 5)  
On-Site Tuition: \$725

*Daily Rate*

Early Bird Tuition: \$225 (through May 4)  
Standard Tuition: \$250 (on or after May 5)  
On-Site Tuition: \$290

*Special Student Discount*

Take a 20% discount on full conference tuition.  
Letter from program or valid current student ID  
will be required at check-in.

## Tuition includes:

- Coffee, tea, juice, baked goods and fruit each morning
- Gourmet Networking Luncheon on Monday, August 6th  
(if registered for that day)
- Gourmet Box Lunch Tuesday and Wednesday
- Refreshment Breaks daily
- Admission to Networking Reception Monday, August 6th  
(if registered for that day)
- Continuing Education Certificate

## Three Easy Ways to Register

**Online:** [www.morrisonlearning.org](http://www.morrisonlearning.org)

**Fax:** 503-233-4359

**Mail to:** 11035 NE Sandy Boulevard  
Portland, Oregon 97220-2553

**Total Tuition Fees Enclosed: \$** \_\_\_\_\_

I WOULD LIKE TO PAY BY:

- ☐ Check made payable to Morrison Child & Family  
Services (enclosed)
- ☐ Credit Card (please provide info below)

Card # \_\_\_\_\_

Exp. \_\_\_\_\_

CV Code \_\_\_\_\_

NAME \_\_\_\_\_

TITLE (for name badge) \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

I WILL BE ATTENDING THE FOLLOWING SESSION(S):

Monday: ☐ #101 ☐ #102 ☐ #103 ☐ Networking Reception (Monday evening, August 6th)

Tuesday: ☐ #104 (requires Tuesday and Wednesday attendance) ☐ #105 ☐ #106 ☐ Posters

Wednesday: ☐ #104 (requires Tuesday and Wednesday attendance) ☐ #107 ☐ #108 ☐ #109

## Cancellations and Transfers

Refunds, less a processing fee equal to 10% of the total amount paid, will be honored when a request is **received in writing no later than Friday, July 6, 2012**. We are unable to issue refunds after July 6, 2012, but will gladly transfer your registration to a colleague, free of charge. Please fax all cancellation/transfer requests to 503-233-4359 or email [learning@morrisonkids.org](mailto:learning@morrisonkids.org).



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