



# *Save the Date!*

## *Making Connections:*

**Promoting Mental Wellness & Reducing Adverse Childhood Experiences**

**November 4-6, 2014 | Valley River Inn | Eugene, OR**

Sponsored by Lane County, Trillium Community Health Plan and the Oregon Health Authority

- Increase understanding about mental wellness: the connection to our overall health
- Learn about Adverse Childhood Experiences (ACEs): the cutting-edge research, impacts on adult health, and effective strategies to reduce ACEs
- Reflect on our work
  - Apply the science behind what we know is effective
  - Develop new strategies
  - Enhance current approaches

### *Who Should Attend?*

Anyone working to increase the health and well-being of their community, including:

- Physical health care and public health providers
- Behavioral health treatment and prevention providers
- Educators
- Legal and law enforcement professionals
- Social service providers

For more information, visit our website at [www.connectionsconference.org](http://www.connectionsconference.org)  
or contact Sandy Moses, Lane County Public Health,  
at 541-682-3650, [Sandy.Moses@co.lane.or.us](mailto:Sandy.Moses@co.lane.or.us)

