



NEW Online Course!

Integrative Nutrition through the Childbearing Stages

Presenter: Jodi Lee, RHN

April 4 - May 16, 2016

5:30pm - 7:30pm

Tuition: \$239

**Contact Wes Harwood: wharwood@pcc.edu
or 971-722-6673**

**Don't MISS out!
REGISTER NOW!**

Being pregnant, giving birth, and nursing can be depleting to a woman's nutrition stores making quality health and mothering a challenge. As practitioners, we have the unique opportunity to provide counselling and support to women in all stages of childbearing and the early years of mothering. Learn about the unique nutritional needs through the five stages of childbearing. NANP CEU pending.