

Heart Disease in Oregon

Approximately 122,000 adults

in Oregon have heart disease, which is the second leading cause of death in Oregon. Heart disease costs Oregonians more than \$1 billion in hospitalizations.

Certain risk factors can worsen existing heart disease and ultimately lead to heart attack and stroke.

Among Oregon adults with heart disease:

- 1 in 2 has diabetes.
- 1 in 2 is obese.
- - 2 in 3 have high cholesterol.
 - 3 in 4 have high blood pressure.
 - **1 in 3** is physically inactive.

HEART DISEASE affects some communities more than others.

Compared to adults with a college degree, adults with less than a high school education are:

2X more likely to have heart disease.

Compared to non-Latino whites, African American, American Indian and Alaska Native people are:

2x more likely to have a heart attack in their lifetime.

