



Stroke in Oregon

Approximately **86,000** adults






have had a stroke in their lifetime. Stroke is the fourth leading cause of death in Oregon.



Stroke costs Oregonians \$254 million in hospitalizations and, combined with heart disease, causes nearly 1 in 4 deaths.

Certain risk factors can complicate recovery from a stroke and can increase the chance of having another stroke.

Among Oregon adults who have survived a stroke:

-  **1 in 4** has diabetes.
-  **1 in 3** is obese.
-  **1 in 3** smokes cigarettes.
-  **2 in 3** have high cholesterol.
-  **1 in 2** has high blood pressure.
-  **1 in 2** is physically inactive.

STROKE affects some communities more than others.

Compared to adults with a college degree, adults with less than a high school education are:

3x more likely to have a stroke.

Compared to non-Latino whites, African American people are:

2x more likely to have a stroke in their lifetime.