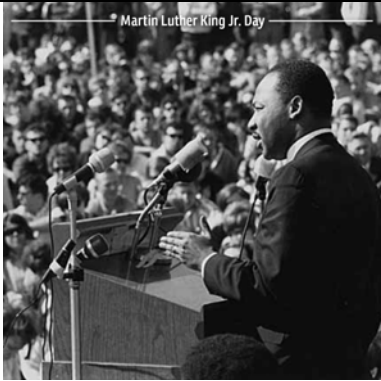


| Date           | Theme Bucket | Post Copy  | Link  | Visual  |
|----------------|--------------|--|---|---|
| Thursday 1/5   | Problem      | Positive news right here in Oregon.<br>#placemattersOR   | <a href="https://www.facebook.com/RobertWoodJohnsonFoundation/videos/10155634345633782/">https://www.facebook.com/RobertWoodJohnsonFoundation/videos/10155634345633782/</a>                                       |   |
| Friday 1/6     | Problem      | More than 23.5 million people live more than a mile from a supermarket. Here's what our neighbors to the south decided to do about it:   | <a href="http://www.rwjf.org/en/culture-of-health/2016/11/role-food-systems-community.html?cid=xbrwjf_unpd">http://www.rwjf.org/en/culture-of-health/2016/11/role-food-systems-community.html?cid=xbrwjf_unpd</a> |   |
| Thursday 1/12  | Problem      | Congratulations to the ODOT office in Klamath Falls for being dedicated to supporting improvements to employee health and well-being! Learn more: @bluezonesprojectklamathfalls          | <a href="https://www.facebook.com/bluezonesprojectklamathfalls/posts/1805253066398247">https://www.facebook.com/bluezonesprojectklamathfalls/posts/1805253066398247</a>   |   |
| Friday 1/13    | Problem      | "We may be small, but we do big things."   | <a href="https://www.facebook.com/RobertWoodJohnsonFoundation/videos/10155678650263782/?permPage=1">https://www.facebook.com/RobertWoodJohnsonFoundation/videos/10155678650263782/?permPage=1</a>                 |   |
| Wednesday 1/18 | Seasonal     | "We are caught in an inescapable network of mutuality, tied in a single garment of destiny. Whatever affects one directly, affects all indirectly." – MLK, Letter from a Birmingham Jail |   |  |
| Thursday 1/19  | Problem      | "A uniquely American phenomenon." What is going on here?   | <a href="http://www.nytimes.com/2016/12/08/health/life-expectancy-us-declines.html?_r=2">http://www.nytimes.com/2016/12/08/health/life-expectancy-us-declines.html?_r=2</a>                                       |   |
| Thursday 1/26  | Problem      | Nearly 50% of added sugar consumption is   | <a href="https://www.washingtonpost.com/lifestyle/wellness/we-drink-way-too-much-">https://www.washingtonpost.com/lifestyle/wellness/we-drink-way-too-much-</a>   |   |

|              |         |   |   |  |
|--------------|---------|---|---|--|
|              |         | from sugar-sweetened beverages. Some of these might surprise you.   | <a href="http://www.pps.org/blog/pps-releases-new-report-the-case-for-healthy-places-how-to-improve-health-through-placemaking/">sugar-heres-what-to-know-about-your-favorite-beverages/2016/12/06/3ecd2b7c-b8c4-11e6-959c-172c82123976_story.html?utm_term=.f5a747528178</a>   |  |
| Friday 1/27  | Problem | "To address the real health challenges of the 21st century, we need innovative solutions that look not only at the physical causes and symptoms of poor health, but also the social, economic, and environmental components of total well-being."<br>-<br>@ProjectforPublicSpaces | <a href="http://www.pps.org/blog/pps-releases-new-report-the-case-for-healthy-places-how-to-improve-health-through-placemaking/">http://www.pps.org/blog/pps-releases-new-report-the-case-for-healthy-places-how-to-improve-health-through-placemaking/</a>   |  |
| Tuesday 1/31 | Problem | "To really improve the health of Americans, we also need to aim for a culture of health in communities as a whole." -<br>@BostonGlobe   | <a href="https://www.bostonglobe.com/lifestyle/health-wellness/2016/11/13/health-about-communities-not-just-individual-care-researchers-say/p3etUSkUE4HrEAq9qYoyeK/story.html">https://www.bostonglobe.com/lifestyle/health-wellness/2016/11/13/health-about-communities-not-just-individual-care-researchers-say/p3etUSkUE4HrEAq9qYoyeK/story.html</a> |  |