


Date	Theme Bucket	Post Copy	Link	Visual
Fri 3/3	Problem	"Eviction is a cause, not just a condition of poverty." Portland's housing situation is at a difficult juncture. Get a ground-level view of this issue by reading "Evicted," or attending Matthew Desmond's talk in Portland on March 9th. @multcolib		https://www.youtube.com/watch?v=2ovyccOXyoQ
Mon 3/6	Problem	#ICYMI: Virtually all vending machines now should have calories labeled. @US_FDA	http://www.fda.gov/Food/GuidanceRegulation/GuidanceDocumentsRegulatoryInformation/LabelingNutrition/ucm515022.htm	
Thurs 3/9	Problem	Reason #14: It connects people across generations. Curious how? Click on the link below to find out.	https://www.fastcoexist.com/3062989/50-reasons-why-everyone-should-want-more-walkable-streets	
Fri 3/10	Problem	Walkable places encourage us to walk more. #placemattersOR	http://healthwithinreach.org/	
Sun 3/12	Seasonal	It's been quite a winter. How does the extra hour of daylight change your neighborhood?		https://vimeo.com/151170389
Thurs 3/16	Problem	The CDC-Kaiser Adverse Childhood Experiences (ACE) study shows a strong link between childhood trauma and the adult onset of	http://kpjrfilms.co/paper-tigers/	

		chronic disease. Here's a NW school trying to break that cycle: @PaperTigersDocu		
Fri 3/17	Seasonal	March is National Nutrition month. It's not always easy to spot the hidden sugar in food. Who knew many prepared pasta sauces have 10+ grams of sugar?	https://www.nytimes.com/interactive/2016/12/30/opinion/sunday/how-much-sugar-can-you-avoid-today.html?smid=fb-nytimes&smtyp=cur&_r=3	
Mon 3/20	Problem	Wow.	https://www.facebook.com/cspinet/posts/10154499286970406	
Thurs 3/23	Problem	Our friends at @CVS leading the movement again!	http://www.kptv.com/story/34567754/cvs-pharmacy-is-first-national-retail-pharmacy-to-remove-artificial-trans-fats-from-all-exclusive-store-brand-food-products	
Fri 3/24	Problem	We need to call American breakfast what it often is: dessert	just the video: http://www.vox.com/2016/7/11/12128372/sugar-cereal-breakfast-nutrition-facts	
Mon 3/27	Problem	Think health is all up to you and your genes? Think again — there are other factors at work.	https://storify.com/APHA/social-determinants	
Thurs 3/30	Seasonal	It's national walk in the park day today. Where will it take you? #placemattersOR		
Fri 3/31	Problem	Reason #27. Whoa, \$190 billion is a big number.	https://www.fastcoexist.com/3062989/50-reasons-why-everyone-should-	

			<u>want-more-walkable-</u> <u>streets</u>	
--	--	--	--	--