



Date	Theme Bucket	Post Copy	Link	Visual
Thurs 4/6	Problem	We consume more than the daily recommended amount of sodium. It could be because more than 75% of sodium comes from processed and restaurant foods. Beware of hidden sodium. #placemattersO R #breakupwithsalt		
Fri 4/7	Seasonal (World Health Day)	#DYK: Depression affects people of all ages, from all walks of life, in all countries. #worldhealthday	<a href="http://apps.who.int/depression-campaign-2017/en">http://apps.who.int/depression-campaign-2017/en</a>	
Tues 4/11	Problem	How many teaspoons of added sugar do you think is in an average 20-oz bottle of soda?	<a href="https://www.youtube.com/watch?v=OGz7cf-iens">https://www.youtube.com/watch?v=OGz7cf-iens</a>	<a href="https://www.dropbox.com/s/qtes7h0do6d402g/12510494_789854554476888_4486443865580409884_n%281%29.jpg?dl=0">https://www.dropbox.com/s/qtes7h0do6d402g/12510494_789854554476888_4486443865580409884_n%281%29.jpg?dl=0</a>
Thurs 4/13	Problem	Advertising unhealthy foods to children. The @BerkeleyMediaStudiesGroup raises a good question.	<a href="https://www.facebook.com/BerkeleyMediaStudiesGroup/posts/1433788796692850">https://www.facebook.com/BerkeleyMediaStudiesGroup/posts/1433788796692850</a>	
Fri 4/14	Seasonal (4/16: National Stress Awareness Day)	This Sunday is National Stress Awareness Day. Take a deep breath. How does stress affect your mental or physical health? Share below.		

Tues 4/18	Problem	(N/A: reposting older PMO FB video)		<a href="https://www.facebook.com/placemattersoregon/videos/730440417084969/">https://www.facebook.com/placemattersoregon/videos/730440417084969/</a>
Thurs 4/20	Problem	"The neighborhood that we live in is a little rough around the edges. It could use some kind of public infrastructure that helps people on meager means get around our community a little bit better, and hopefully get more healthy in the process." -David Scott, bicycling advocate	<a href="https://www.facebook.com/bluezonesprojectklamathfalls/posts/1844745459115674">https://www.facebook.com/bluezonesprojectklamathfalls/posts/1844745459115674</a>	
Fri 4/21	Problem	How does your county rank? Click on the article to find out.	<a href="http://www.nrtoday.com/news/increased-rates-of-diabetes-and-obesity-are-a-reality-in/article_3979701e-18bc-5e5e-801e-26545af59ad1.html">http://www.nrtoday.com/news/increased-rates-of-diabetes-and-obesity-are-a-reality-in/article_3979701e-18bc-5e5e-801e-26545af59ad1.html</a>	
Sun 4/23	Seasonal (National Park Rx Day)	Happy National Park Rx Day! Find a park near you:	<a href="https://www.facebook.com/AmericanPublicHealthAssociation/photos/a.190674431802.156872.110414461802/10155160739256803/?type=3&amp;theater">https://www.facebook.com/AmericanPublicHealthAssociation/photos/a.190674431802.156872.110414461802/10155160739256803/?type=3&amp;theater</a>	
Thurs 4/27	Problem	#placemattersOR	<a href="https://www.facebook.com/OregonHealthAuthority/posts/1302035979833156">https://www.facebook.com/OregonHealthAuthority/posts/1302035979833156</a>	
Fri 4/28	Problem	Some restaurants add too much sodium to our food. Tell them to #BreakUpWithSalt today.	<a href="http://act.sodiumbreakup.heart.org/pmbu25J">http://act.sodiumbreakup.heart.org/pmbu25J</a>	<a href="https://www.youtube.com/watch?v=6rnGeWH7Jek">https://www.youtube.com/watch?v=6rnGeWH7Jek</a>