




Date	Theme Bucket	Post Copy	Link	Visual
Thursday 6/1	Cessation	Kristy's tip: "Just cutting down on cigarettes, isn't enough." Call 1-800-QUIT-NOW or visit www.quitnow.net/oregon/	http://bit.ly/2p4MezM	NA
Saturday 6/3	Events and Key Dates	Celebrate the day accordingly and find the nearest smokefree trail. http://smokefreeoregon.com/what-you-can-do/	http://smokefreeoregon.com/what-you-can-do/	
Monday 6/5	Partner Post/Cessation	Something to consider. Call 1-800-QUIT-NOW or visit www.quitnow.net/oregon/	https://www.facebook.com/KnowTheRealCost/videos/1488846811147867/	NA
Wednesday 6/7	Deschutes County post/Environment	Helping families have fun and enjoy clean air indoors!	NA	

Thursday 6/8	Real Cost	Take a walk down memory lane. http://bit.ly/2qcGzcp	http://bit.ly/2qcGzcp	
Friday 6/9	Disparities	LGBTQ young adults are nearly 2x as likely to smoke as their straight peers. http://bit.ly/2qePUAE	http://bit.ly/2qePUAE	
Monday 6/12	Cessation	The benefits are endless. Call 1-800-QUIT-NOW or visit www.quitnow.net/oregon/	www.quitnow.net/oregon/	
Wednesday 6/14	Real Cost	How Big Tobacco's profits continue to grow despite the decline in users. http://n.pr/2qkVJsm	http://n.pr/2qkVJsm	

Thursday 6/15	Environment	The Oregon Tech campus has been tobacco and smokefree for more than 4 years. http://bit.ly/2oNcED	http://bit.ly/2oNcEDO	
Friday 6/16	Tobacco Retail Environment	Youth-targeted promotions often begin outside convenience stores, on the exterior walls and windows. Once they're inside, colorful ads are often eye-level of a young child. http://bit.ly/1Lnfawa	http://bit.ly/1Lnfawa	
Monday 6/19	Cessation	The average price of a pack of cigarettes in Oregon is more than \$5. Call 1-800-QUIT-NOW or visit www.quitnow.net/oregon/	www.quitnow.net/oregon/	
Wednesday 6/21	Youth	That's one delivery we won't be signing for. http://bit.ly/2qf5dJt	http://bit.ly/2qf5dJt	NA
Thursday 6/22	Real Cost	The science is clear: There is no safe level of exposure to secondhand smoke. http://bit.ly/1Bu8G0y	http://bit.ly/1Bu8G0y	NA
Friday /23	Partner Post	This simple question posed from a Doctor could help prevent tobacco use in adolescents.	https://www.facebook.com/truthinitiative/posts/10154227229786991	NA
Monday 6/26	Cessation		http://bit.ly/2oxgmp5	NA

		<p>Brian went from being able to travel the world to being confined to his home and the Doctor's office. "That's all because of cigarettes." Call 1-800-QUIT-NOW or visit www.quitnow.net/oregon/</p>		
Wednesday 6/28	Real Cost	<p>Nearly 64 percent of people who smoke American Spirits, believe their brand to be less harmful than others. There's no evidence proving this to be true.</p>	http://bit.ly/2pivDqE	NA
Thursday 6/29	Disparities	<p>Big Tobacco has used every trick in the book to entice kids to smoke. http://bit.ly/2qbUJHU</p>	http://bit.ly/2qbUJHU	
Friday 6/30	Heroes	<p>@bridgewayrecovery's Tim Murphy bring today's food for thought: "When someone is an</p>	http://bit.ly/2qKcKQK	NA

		<p>alcoholic that also smokes... if they stop smoking at the time they stop drinking, they're less likely to return to drinking."</p> <p>http://bit.ly/2qKcKQK</p>		
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