




Date	Theme Bucket	Post Copy	Link	Visual
Fri 6/2	Seasonal	Do you or someone you know have difficulty with bending, climbing stairs or walking short distances? Living Well with Chronic Conditions are workshops that you can attend to help manage arthritis. Find your nearest workshop here:	https://compass.qtacny.org/find-a-workshop?rname=Oregon%20Health%20Authority&rurl=https://public.health.oregon.gov/	
Tues 6/6	Seasonal	#DYK: Gardening is one of America's favorite hobbies? Today is National Gardening Exercise Day. How do you grow your place?		
Wed 6/7	Problem	Congratulations to Grants Pass, The Dalles and Roseburg!	https://www.facebook.com/BlueZonesProjectOregon/posts/1361069467249839	
Fri 6/9	Problem	What could we learn from kids? #placemattersOR	https://www.facebook.com/USSurgeonGeneral/photos/a.565724746901328.1073741828.524210191052784/910798429060623/?type=3&theater	
Mon 6/12	Problem	Getting outdoors has amazing benefits for girls. Watch and see why: @REI	https://www.facebook.com/attn/videos/1365987706770018/?pnref=story	
Tues 6/13	Problem	Concerned about getting your kids to eat healthy? You're not alone.	https://www.facebook.com/UConnRuddCenter/photos/a.234405413254394.72785.150955491599387/1659689944059260/?type=3&theater	

Sat 6/17	Seasonal	Today is Eat Your Vegetables Day! But not everyone has easy access to fresh fruits and vegetables. How far do you have to travel to find your favorites?		<p>MESSAGE POSTED AT THE OREGON FOOD BANK</p> 
Sun 6/18	Seasonal	Happy Father's Day! What do you like to do with your family on Father's Day?		
Tues 6/20	Seasonal	What is your barbershop? #MensHealthMonth #mensHealthWeek	https://www.ted.com/talks/joseph_ravenell_how_barbershops_can_keep_men_healthy	
Fri 6/23	Problem	Has our culture accepted a food marketing scheme which promotes a lifestyle that is literally killing us?	http://www.cnn.com/2017/04/27/opinions/overeating-the-new-tobacco-opinion-sharma/index.html	
Mon 6/26	Problem	The gap in life expectancy is big. And it's getting wider. #placemattersOR	http://www.opb.org/news/article/npr-life-expectancy-can-vary-by-20-years-depending-on-where-you-live/	
Wed 6/28	Problem	Juice can be a gateway drink of sorts. 🙄	https://www.nytimes.com/2017/05/22/well/family/pediatricians-say-no-fruit-juice-in-childs-first-year.html?smid=fb-share	
Fri 6/30	Problem	It really is true. Less than half of all adults, and 3 in 10 high school students, get enough	https://www.thecommunityguide.org/	

		physical activity. Click the link for a Community Guide to create better environments for physical activity. #placemattersO R		
--	--	--	--	--