Date	Theme Bucket	Post Copy	Link	Visual
Tues 8/1	Problem	It's not too late to get outside for these free fitness events in Albany parks!	https://www.facebook.co m/LinnBentonHEA/posts/ 1458434400909555	
Thurs 8/3	Problem	The marketing of snacks and drinks at checkout influences our food choices more than we realize. They're called impulse buys for a reason.		https://www.dropbox.com/s/3jhg sr3pd2f8g5w/for%20pmo.jpg?dl =0
Fri 8/4	Problem	"Virtually everything that I see in my clinical practice could be helped by more physical activity."	http://news.nationalgeogr aphic.com/2017/06/parks- prescribes-doctors- health- environment/?utm_source =Facebook&utm_medium =Social&utm_content=link fb20170713news- parkrx&utm_campaign=C ontent&sf97599587=1	
Mon 8/7	Problem	"It has become really clear to me that we're losing more people to the sweets than to the streets."	https://www.washingtonp ost.com/news/wonk/wp/2 017/07/13/were-losing- more-people-to-the- sweets-than-to-the- streets-why-two-black- pastors-are-suing-coca- cola/?utm_term=.5e5159 2da811	
Wed 8/9	Problem	Many of us spend more than 40 hours at work. It helps when it's a healthy place. Congratulations to Klamath Falls' Kingsley Field for designation as a Blue Zones healthy worksite!	https://www.facebook.co m/bluezonesprojectklama thfalls/posts/1910689059 187980	
Mon 8/14	Problem	Check out this new Sunday Parkways route in NE Portland!	https://www.facebook.co m/events/7981381936838 90/? xt =33.%7B%22l ogging data%22%3A%7 B%22profile id%22%3A7 98138193683890%2C%2	

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			D%7D	
Tues 8/15	Problem	"Adding a park	https://www.forbes.com/si	
1 463 0/10	1 TODICITI	in an urban area	tes/billfrist/2017/06/15/the	
		could be the	-science-behind-how-	
		change that	nature-affects-your-	
		allows a child to	health/#4a3d29ce15ae	
		play a game of		
		tag outside with		
		friends instead		
		of staying		
		indoors glued to		
		a video game."		
Thurs 8/17	Problem	"Cereal was not	https://www.washingtonp	
111015 0/17	FIODICIII		ost.com/lifestyle/food/bre	
		always the	-	
		morning staple	akfast-was-the-most-	
		that it is today. It	important-meal-of-the-	
		only became so	dayuntil-america-ruined-	
		at about the	it/2017/05/12/f1d0e128-	
		same time that	368c-11e7-b4ee-	
		our health	434b6d506b37 story.html	
		problems began	?utm_term=.1fed75014eb	
		to be	<u>C</u>	
		documented, in	<u> </u>	
		the 1960s. A		
F.: 0/40	10	coincidence?"	1.00-1/	
Fri 8/18	Seasonal	Are you getting	http://www.oregonlive.co	
		outdoors to	m/travel/index.ssf/2017/0	
		watch the solar	3/17 places to watch th	
		eclipse on	<u>e 2017 so.html</u>	
		Monday?		
Mon 8/21	Problem	"I'm able to look	http://www.opb.org/news/	
		at life and not	article/health-care-social-	
		feel	data-information-	
		overwhelmed or	economics-kaiser-	
		burdened or like		
			permanente/	
1		I've got the		

Wed 8/23	Problem	whole world on my shoulders." Thanks @Kaiser for addressing how place affects health. @OPB #placemattersO R #placemattersO R #metro	https://www.facebook.co m/oregonmetro/videos/10 154678852620887/	
Fri 8/25	Problem	Federal Indian policy has shaped today's demographics of Portland's urban Native American community. Portland's intertribal community is now finding new ways to reconnect to its land and culture — and to one another.	http://www.oregonmetro.g ov/news/roots-portlands- native-american- community	
Mon 8/28	Problem	"Without having a well body and mind, you can't be successful in school." Congratulations to Adams Elementary School in Corvallis for winning a School Wellness Award!	http://www.gazettetimes.com/news/local/adams-elementary-school-wins-state-wellness-award/article 9cfdaf64-7e61-5427-bf86-f3b506819592.html	https://www.dropbox.com/s/p7a tagqn78q8dzf/IMG 0146.png?d I=0
Wed 8/30	Problem	"Jessamyne is a force of nature because she is always herself." Watch how Jessamyne is breaking the rules and creating her own path.	https://www.facebook.co m/REI/posts/1015552984 7596484	
Thurs 8/31	Problem	"For too long children have been relentlessly bombarded with	https://www.facebook.co m/UConnRuddCenter/pos ts/1746599735368280	

junk food ads	
online, on	
billboards	
outside schools	
and at the	
cinema." The	
UK is doing	
something about	
it.	