Date	Theme Bucket	Post Copy	Link	Visual
Friday 9/1	Youth	"Kids wanna act like what they see in the cinema." — The Black Eyed Peas	http:// nyti. ms/2 uNM QLg	NA
Monday 9/4	Cessation	"Every breath was filled with stark raving, mind numbing terrorevery cell in my body was screaming to me that I was suffocating to death and that I was going to die." — Michael talks about his struggle with COPD caused by cigarettes.	http:// bit.ly/ 1wcH AMf	NA
Wednesday 9/6	Environment	Whether you use tobacco or not, we all have a stake in freeing Oregon from Big Tobacco's grip. Learn what you can do to help.	http:// bit.ly/ 1yAd Kky	NA
Thursday 9/7	Youth	In case you missed it.	http:// bit.ly/ 2usAr eh	CONGRATULATIONS TO YET ANOTHER STATE, NEW JERSEY, POST PROTECTING OUR YOUTH FROM PREMATURE SMOKING.
Friday 9/8	Tobacco retail environment	Big Tobacco knows that 70 percent of teens shop in convenience stores at least once a week.	http:// bit.ly/ 1Lnfc wa	YOUTH-TARGETED PROMOTIONS BEGIN OUTSIDE THE STORE, WITH BIG, COLORFUL ADS.
Monday 9/11	Partner Post	#SelfImprovementMonth. Call 1-800-QUIT-NOW or visit www.quitnow.net/oregon/.	www. quitn ow.n	NA

			et/ore	
			gon/	
Wednesday 9/13	Environment	Deschutes County Dollar Stores are leading by example. They don't sell tobacco. #BeTheFirst	NA	WAY TO GO!
Thursday 9/14	Partner Post	#tbt	http:/	NA
			/bit.l	
			y/2iv	
Friday 0/15	Disparities	Cultural Appropriation.	gdQf http://	
Friday 9/15		#HispanicHeritageMonth	bit.ly/ 1pbg oel	BIG TOBACCO TELLS THE LATINO COMMUNITY TO EQUATE SMOKING WITH HERITAGE BY NAMING PRODUCTS "RIO" AND "DORADO.
Monday 9/18	Cessation	Motivation Monday. Call 1- 800-QUIT-NOW or visit www.quitnow.net/oregon/.	www. quitn ow.n et/ore gon/	PIF YOU CAN DREAM IT, YOU CAN DO IT."
Wednesday 9/20	Partner Post	Something to think about.	http:///bit.ly/2w34dK	NA
Thursday 9/21	Environment	"We want Lane County parks to be healthy and welcoming places for all, and prohibiting tobacco use in our parks will reduce exposure to secondhand smoke —	http:// bit.ly/ 2ujBt 0Y	NA

			ı	
		especially among children and		
		youth." - Lane Co. Parks		
F:::-I 0 /22	Dortner neet	Manager	http://	NI A
Friday 9/22	Partner post	"Understanding the history of this 50-year-plus campaign is	http:// bit.ly/	NA
		critical for taking back the	2w8i	
		health of our community."	R1y	
Manday 0/2F	Cessation	Curious about the Quit Now	https:	
Monday 9/25	Cessation	program? Learn more about all	//ww	DON'T JUST
		we have to offer to help you	w.quit	QUIT, BECOME SMOKEFREE,
		succeed. Call 1-800-QUIT-	now.	
		NOW or visit	net/or	CYIV
		https://www.quitnow.net/orego	egon/	
		n/About/Overview/	About	NIO CRIOKINO
			/Over	NO SIMUKING
			view/	PIO WARING
				NO VAPING
				THE REAL PROPERTY.
Wednesday 9/27	Environment	"I wanted people to	http://	NA
vvcanesday 5/27	211111011110111	understand how community	bit.ly/	IVA
		living—the co-op's motto—	2wC8	
		really also meant community	4LU	
		breathing." Today's Shero,		
		Katelynd Todd.		
Thursday 9/28	Join the SF	"It's important for policy	http://	NA
, .	Community	makersto make sure that we	bit.ly/	
		hold corporations accountable	2vM7	
		for products they sell,	<u>704</u>	
		particularly targeting to youth		
		and our most vulnerable		
		populations."		
Friday 9/29	Environment	Learn about other smokefree	http://	
		places in our community and	bit.ly/	
		how you can get involved:	1IXrK	
		http://bit.ly/1IXrKeS	<u>eS</u>	
		@portlandcc		
				A . M
				PORTLAND COMMUNITY COLLEGE HAS BEEN
				TOBACCO FREE FOR MORE THAN 8 YEARS!
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