Date	Theme Bucket	Post Copy	Link	Visual
Thursday 11/2	Join the SF Community	Tobacco Prevention & Education Coordinator for the Confederated Tribes of Warm Springs, @ScottKalama, discusses how Big Tobacco has profited from using Native American imagery to appeal to his people. #NativeAmericanHeritageMon th #7thgeneration	http:/ /bit.l y/2fB Edk7	NA
Friday 11/3	Disparities	When it comes to reducing tobacco use and improving health tobacco policies make a big difference.	<u>http:/</u> /bit.l y/2yp AbTV	NA
Monday 11/6	Cessation	Call 1-800-QUIT-NOW or visit www.quitnow.net/oregon/	www .quit now. net/o regon L	THE BEST REASON TO QUITT YOURSELF.
Wednesday 11/8	Disparities	#DYK: Big Tobacco sent free cigarettes to military bases under the guise of supporting our troops. <u>http://bit.ly/2xQD3pl</u> @truthorange	<u>http:// /bit.l</u> y/2x <u>QD3p</u> <u>l</u>	BIG TOBACCO DESCRIBED MILITARY PERSONNEL AS
Thursday 11/9	Real Cost	Philip Morris pledges \$80M per year for 12 years to establish a Foundation for a Smoke-free World. <u>http://bit.ly/2yKcbaC</u> 2	http:/ /bit.l y/2yK cbaC	SOUNDS TOO GOOD TO BE TRUE, RIGHT? IT IS.

Friday 11/10	Events and Key dates	Encourage someone to use the day to make a quit plan. Call 1-800-QUIT-NOW http://bit.ly/1n2AKXz @AmericanCancerSociety	http:/ /bit.l y/1n2 AKXz	The * GREAT * AMERICAN SMOKEOUT* NOVEMBER 16
Monday 11/13	Cessation	Motivation Monday.	http:/ /bit.l y/2wl PaJA	NA
Wednesday 11/15	Join the SF Community	#DYK: Big Tobacco spends \$111M a year promoting their products in Oregon. What's for sale in your neighborhood?	<u>http:///bit.l</u> y/2hK N7ZF	NA
Thursday 11/16	Youth	Nine of 10 adults who smoke report that they started smoking before turning 18. The younger someone is when they start smoking, the harder it is to quit.	NA	THIS IS WHY RAISING THE TOBACCO PURCHASING AGE TO 21 WAS SO IMPORTANT.
Friday 11/17	Environment	Did you hear the great news? Learn more about what this will mean for @umatillacountyhealth and @CityofPendleton: <u>http://bit.ly/2gCpTVe</u>	http:/ /bit.l y/2gC pTVe	ALL CITY PARKS IN PENDLETON, OREGON ARE NOW TOBACCO FREE!

Monday 11/20	Tobacco retail environment	In Oregon, convenience stores display brightly colored tobacco and nicotine products at eye-level making it hard to miss if you're a kid. <u>http://bit.ly/1Lnfcwa</u>	http:/ /bit.l y/1Ln fcwa	GREAT FOR BIG TOBACCO'S BOTTOM LINE, NOT SO GREAT FOR OUR KIDS.
Wednesday 11/22	Youth	Streetwear brands, like cigarette companies, market ideas like rebellion and freedom to sell to the most impressionable of customers: teenagers.	<u>http:// /bit.l</u> y/2yp uRzJ	NA
Thursday 11/23	Events and Key Dates/Cessatio n	Cold turkey, not just for leftovers. For support, coaching and resources call 1- 800-QUIT-NOW or visit <u>www.quitnow.net/oregon/</u> .	www .quit now. net/o regon L	HAPPY THANKSOLVING FROM MOKEFREE OREGON!
Friday 11/24	Real Cost	Tobacco companies load price increases onto premium brands and sell cheaper cigarettes at a loss so lower- income and young people can still take up smoking.	<u>http://nyti.ms/2</u> <u>y4tvK</u> <u>H</u>	THE FATAL TOLL OF CHEAP CIGARETTES.
Monday 11/27	Cessation	"I would give anything to give back that first cigarette when I was 12 years old." Call 1-800- QUIT-NOW or visit <u>www.quitnow.net/oregon/</u>	<u>http:// /bit.l</u> y/2yK <u>9wxd</u>	NA
Wednesday 11/29	Real Cost	"Smoking kills, on average, 1,200 Americans every day." This is just one of the statements that is currently running on television and in	TBD	NA

		newspapers ads on behalf of Cigarette manufacturers.			
Thursday 11/30	Disparities	Big Tobacco has repeatedly made claims that cigarettes can "steady your nerves," targeting people with mental illness, depression and anxiety. #FactFriday @truthorange	NA	PEOPLE WITH ANY MENTAL HEALTH OR SUBSTANCE ABUSE ISSUES ACCOUNT FOR THAT'S EQUAL TO	40% w THE CALMENTERS SWARED AT THE OF SWARED AT THE OF SWARED AT THE OF