


| Date | Theme Bucket | Post Copy | Link | Visual |
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| Wed 12/6 | Problem | Housing and race. We've all played more of a role than we think. | https://www.facebook.com/truTVAdamRuinsEverything/videos/vb.426924420843638/710617992474278/?type=2&theater | |
| Thurs 12/7 | Healthy Aging | "Many of our elders, particularly once they retire, don't have meaning and purpose. They don't have a place to belong and so they're often times in places where they're alone—which then leaves them susceptible to health challenges." - @bridgemeadows | | https://youtu.be/dqklij1NtT0 |
| Fri 12/8 | Problem | Labeling matters too. #placemattersOR | https://www.seattletimes.com/business/trump-administration-moves-ahead-with-obama-menu-label-law/ | |
| Mon 12/11 | Problem | "First we – and our policymakers – have got to acknowledge that these disparities are rooted in a deep, historical, painful past in Oregon, and it's still bearing poisonous fruit today." | http://www.theskanner.com/news/northwest/26106-children-of-color-and-immigrant-children-face-uphill-battle-in-oregon?mc_cid=c082cc7d58&mc_eid=8ff74fe661 | |
| Wed 12/13 | Healthy Aging | "Today we have one in eight people who are 65 and over. In the next 15 years, that will grow to one in five. Our communities are not ready for | | https://youtu.be/cydGS8Wnrdc |

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| | | that growth." - @AARPOregon | | |
| Fri 12/15 | Seasonal | Happy Holidays from your friends at Place Matters Oregon! | |  |
| Wed 12/20 | Healthy Aging | Read about all the ways people in Deschutes County are making it easier for their residents as they age. | http://www.bendbulletin.com/health/5642848-153/planning-for-an-aging-population | |
| Thurs 12/21 | Problem | Is it easier for you to buy grape soda than a handful of grapes? Look at what a group in Washington D.C. did to call attention to food deserts. | http://www.opb.org/news/article/npr-food-access-advocates-walk-the-long-walk--to-the-nearest-grocery-store/ | |
| Fri 12/22 | Problem | "What the sugar industry successively did is they shifted all of the blame onto fats." - Stanton Glantz | https://www.npr.org/sections/thesalt/2017/11/21/565766988/what-the-industry-knew-about-sugars-health-effects-but-didnt-tell-us | |
| Tues 12/26 | Problem | "Racism gets under the skin." | http://www.opb.org/news/article/npr-scientists-start-to-tease-out-the-subtler-ways-racism-hurts-health/ | |
| Thurs 12/28 | Healthy Aging | "When the young people are gone, it becomes even more difficult to provide support services to older people left behind." - @jfrfoundation | | https://youtu.be/AAzVBVwoSLY |

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| Fri 12/29 | Seasonal | In the new year, what do you want to work on to improve your community? <u>#newyearresolution</u> <u>#placemattersOR</u> | |  |
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