| Date | Theme Bucket | Post Copy | Link | Visual |
|---------------|--------------|--|---|---|
| Monday 4/2 | Cessation | We can help. Call 1-800-QUIT-NOW or visit www.quitnow.net/oregon/ | www .quit now. net/o rego n/ | "GIVING UP SMOKING IS THE EASIEST THING IN THE WORLD. I KNOW BECAUSE I'VE DONE IT THOUSANDS OF TIMES," — MARK TWAIN |
| Wednesday 4/4 | Real Cost | Misconception: Many older people still smoke cigarettes because they began before tobacco's dangerous health effects were widely known. | http: //bit. ly/2p t56IG | REALITY: Only 5% of people in Oregon age 75 or over smoke cigarettes. People who smoke die an average of 10 years earlier than people who don't. MARLBORO MAN: DIED OF LUNG CANCER |
| Thursday 4/5 | Environment | All across Oregon, communities are mobilizing to become tobacco-free. Congratulations to Cave Junction in Josephine County for their new smokefree parks and downtown! @JosephineCountyPublicHealt h | NA | Cave Junction |
| Friday 4/6 | Real Cost | #DYK: In 2014, Oregon voted to protect kids. It is now a secondary traffic violation to smoke in a motor vehicle with a minor present. | http: //bit. ly/1y AdKk Y | WHEN IT COMES TO KIDS AND CARS, OREGON LAW IS ON THE SIDE OF SMOKEFREE. |

| Monday 4/9 | Cessation | Every day is a chance for a fresh start. Call 1-800-QUIT-NOW or visit www.quitnow.net/oregon/ | www .quit now. net/o rego n/ | DON'T LOOK BACK, YOU'RE NOT GOING THAT WAY. |
|----------------|--------------|---|---|--|
| Wednesday 4/11 | Partner Post | Fact: All cigarettes — including those marketed as "natural," "organic" or "additive-free" — cause cancer. | http: //bit. ly/2H bp1lS | NA |
| Thursday 4/12 | Environment | Learn about other smokefree places in your community and how you can get involved. http://bit.ly/1IXrKeS @IOTSalem | http: //bit. ly/1I XrKe S | TOBACCO-FREE FOR OVER 5 YEARS! OREGON INSTITUTE OF TECHNOLOGY CAMPUS PROMOTES THE HEALTH AND WELL-BEING OF THEIR ENTIRE COMMUNITY. |
| Friday 4/13 | Youth | #DYK: Tobacco companies pay retailers to place advertisements at a child's eye-level. Learn more about how they try to recruit new customers. | http: //bit. ly/2lc EPpJ | NA |
| Monday 4/16 | Cessation | "My tip to anybody, if you're a smoker, first quit. Do whatever you need to do to quit" | http: //bit. ly/2t q2Vu 2 | NA |
| Wednesday 4/18 | Real Cost | Overcoming the physical craving for nicotine is hard. Every ad the tobacco industry places is a barrier to freedom from smoking. | http: //bit. ly/20 Qb7P g | HOW MANY PEOPLE WHO SMOKE IN OREGON SAY THEY WANT TO QUIT? A. B. C. one-quarter half three-quarters |

| Thursday 4/19 | Corrective Statements | "The tobacco industry has profited from deceptively promoting products that lead to disease, death and economic hardship." — John Woods, Tobacco Settlement Endowment Trust executive director #tobaccoracketeers | http: //bit. ly/2F VCFs | "MORE PEOPLE DIE EVERY YEAR FROM SMOKING THAN FROM MURDER, AIDS, SUICIDE, DRUGS, CAR CRASHES, AND ALCOHOL, COMBINED."? |
|---------------|--------------------------|---|---|--|
| Friday 4/20 | Join the SF Community | "I feel like, if I'm helping one person to not get started, it's worth it all." Butch Gehrig, owner of Gehrig's Chevron explains why he doesn't stock tobacco at his store. | http: //bit. ly/21 8cQr 6 | NA |
| Sunday 4/22 | Events and Key Dates | Oregon's dramatic coastline and expansive public parks belong to all of us. Same goes for our mountain-fed rivers and countless wild streams. #EarthDay | http: //bit. ly/2G Ac9 W9 | TOBACCO SPOILS OUR NATURAL TREASURES, BUTT BY DIRTY BUTT. |
| Monday 4/23 | Cessation | We've got your back every step of the way. Call 1-800- QUIT-NOW or visit www.quitnow.net/oregon/ | www .quit now. net/o rego n/ | HARD, YES. IMPOSSIBLE, — NO.— |

| Thursday 4/26 | Tobacco retail environment | Fact: Adults aren't immune to Big Tobacco's advertising methods. | http: //bit. ly/1L nfcw a | 645 EAL OFFER! REPEAT EXPOSURE TO TOBACCO ADS IS LINKED TO IMPULSE BUYS FOR ADULTS TRYING TO QUIT. |
|---------------|-------------------------------|--|---------------------------------------|--|
| Friday 4/27 | Partner Post | #TheMoreYouKnow | http: | NA |
| | | | <u>//bit.</u> | |
| | | | <u>ly/2t</u> | |
| | | | <u>mum</u> | |
| | | | <u>ou</u> | |
| Monday 4/30 | Cessation/Part | Every time you resist the urge | www | NA |
| | ner Post | to smoke, your cravings get | <u>.quit</u> | |
| | | weaker. We're here to help | now. | |
| | | you make it through. Call 1- | net/o | |
| | | 800-QUIT-NOW or visit | rego | |
| | | www.quitnow.net/oregon/ | <u>n/</u> | |