

Date	Post Copy	Link	Visual	Targeting
Monday 7/2	<p>@preserveblackhealth's "Art and Soul Food" program helped put a healthy twist on classic soul food recipes.</p> 	<p>https://bit.ly/2JuRQOQ</p>		<p>Sex: M-F Age: 24-65+ Interests: Public Health, Oregon, Aging, College, College Grad, Social Justice, AARP, AAA, Preventative Healthcare, Art, Health, Politics and Social Issues, Social Equality, Health Promotion, Primary Healthcare, Healthy Habits, Healthy Lifestyle, Healthy Lifestyles, living healthy, Healthcare, Retirement, Senior Living, Active Lifestyle, Community, Social Services, Environment, Education, Soul Food, Black Lives Matter</p>
Wednesday 7/4	#PlaceMattersOR	NA		<p>Sex: M-F Age: 21-65+ Interests: Oregon, United States, Fourth of July, Education, Holidays, Public Health, Smoking/No Smoking, Health Promotion, Healthy Habits, Healthy Lifestyle, Healthy Lifestyles, Living Healthy, Healthcare, Active Lifestyle, The New York Times, The Oregonian, Tobacco Free, Cancer Sucks, Lung Association</p>
Friday 7/6	<p>"Although many of us believe weight is determined by the simple equation of calories (energy) in, activity (exercise) out, this oversimplification contributes to the problem."</p>	<p>https://bit.ly/2M7e8UJ</p>	NA	<p>Sex: M-F Age: 21-65+ Interests: Public Health, Primary Healthcare, Cholesterol, Diabetic diet Everyday Diabetic Recipes, Diabetes mellitus awareness, World Diabetes Day, Diet food, Healthy diet, Pulmonary Hypertension Association, World Hypertension Day, Fitness and wellness, Obese Records, The Obesity Society, Weight Loss (Fitness & wellness) Weight Loss (fitness and wellness), Urban Farming, Farmers Market, Local Produce, Nutrition, Sugar, Candy, Junk Food, Physical Exercise</p>

Monday 7/9	#DYK: Retailers ramp up soda marketing, especially to low income shoppers.	https://bit.ly/2snnlvi	NA	Sex: M-F Age: 21-65+ Interests: Public Health, Parents (all), Mothers, Sugar, Candy, Junk Food, Soda, Coca-Cola, Gatorade, 7-11, Fast Food, Sprite, 7-Up, Target, Wal-Mart, Slurpee, Diet Coke, Plaid Pantry, CVS, Oregon, Mountain Dew, MTV, WinCo, Community Issues, Health Promotion, Farmers Market, Fresh Produce, Fred Meyer, Albertsons, Safeway, Kroger, Convenience Store
Wednesday 7/11	Portland may be ranked the 5th fittest city in the U.S., but not all people have the same access to good health in Oregon. #PlaceMattersOR @AmericanFitnessIndex	https://bit.ly/2laWHqV		Sex: M-F Age: 21-65+ Interests: Public Health, Social Equality, Health Promotion, Active Lifestyle, Fitness and Wellness, Healthy Habits, Healthy Life, Healthy Lifestyle, Healthy Lifestyles, Healthy Living, Farmers Market, Fresh Produce, Health and Wellness, Parents (all), Biking, Family Fun, Healthcare, Education, Community Issues, Portland, Oregon
Friday 7/13	Hats off Klamath Falls for making it as a finalist in The Robert Wood Johnson Foundation Culture of Health Prize! 🏆 @klamathpublichealth	https://bit.ly/2IGNL6s		Sex: M-F Age: 24-65+ Interests: Public Health, Parents (all), Habits, Healthy Life, Healthy Lifestyle, Healthy Lifestyles, Living Healthy, Health & Wellness, Healthy Diet, Environmental health, Nutrition, Cooking, Oregon, Robert Wood Johnson Foundation, Community Issues
Monday 7/16	"The U.S. is in the throes of a child and adolescent obesity epidemic, and these findings suggest that sports organizations and many of their sponsors are contributing, directly and indirectly, to it."	https://cnn.it/2ur5soc	NA	Sex: M-F Age: 21-65+ Interests: Public Health, Primary Healthcare, Cholesterol, Diabetic diet Everyday Diabetic Recipes, Diabetes mellitus awareness, World Diabetes Day, Diet food, Healthy diet, Pulmonary Hypertension Association, World Hypertension Day, Fitness and wellness, Obese Records, The Obesity Society,

				Weight Loss (Fitness & wellness) Weight Loss (fitness and wellness), Urban Farming, Farmers Market, Local Produce, Nutrition, Sugar, Candy, Junk Food, Physical Exercise, Walking, Athletics, Sports, Big Brothers of America, Big Sisters of America, YMCA, YWCA
Wednesday 7/18	"We need to be doing a much better job at welcoming people of all sizes into movement without making assumptions about them."	https://bit.ly/2stNkGw	NA	Sex: M-F Age: 21-65+ Interests: Public Health, Primary Healthcare, Cholesterol, Diabetic diet Everyday Diabetic Recipes, Diabetes mellitus awareness, World Diabetes Day, Diet food, Healthy diet, Pulmonary Hypertension Association, World Hypertension Day, Fitness and wellness, Obese Records, The Obesity Society, Weight Loss (Fitness & wellness) Weight Loss (fitness and wellness), Urban Farming, Farmers Market, Local Produce, Nutrition, Sugar, Candy, Junk Food, Physical Exercise
Friday 7/20	A good way to make the most of summer. 😊	https://bit.ly/2kcOwd2	NA	Sex: M-F Age: 21-65+ Interests: Education, Parents (all), Public Health, Oregon, Active Lifestyle, Oregon, Travel Oregon, Public Health, Active Lifestyle, Fitness and Wellness, Healthy Habits, Healthy Life, Healthy Lifestyle, Healthy Lifestyles, Physical Exercise, Walking, Athletics, Walkability, Hiking, Camping, National Parks, Painted Hills, Nike, Rural Area
Monday 7/23	Every generation has something to offer the other.	https://nyti.ms/2sPifNh	NA	Sex: M-F Age: 21-65+ Interests: Public Health, Aging, College, College Grad, Social Justice, AARP, AAA, Preventative Healthcare, Health, Social Equality, Health Promotion, Active Lifestyle, Fitness and wellness, Healthy

				Habits, Healthy Life, Healthy Lifestyle, Education, Senior living, Grandparents, Grandkids, Community Service, Mental Health, Giving Back, Community Issues, Social equality, Community Issues, Social Issues, Retired, Social Life
Wednesday 7/25	"When you feel terrible, managing your diet falls to the bottom of your list."	https://nyti.ms/2rIGL <u>Pd</u>	NA	Sex: M-F Age: 21-65+ Interests: Public Health, Primary Healthcare, Cholesterol, Diabetic diet Everyday Diabetic Recipes, Diabetes mellitus awareness, World Diabetes Day, Diet food, Healthy diet, Pulmonary Hypertension Association, World Hypertension Day, Fitness and wellness, Obese Records, The Obesity Society, Weight Loss (Fitness & wellness) Weight Loss (fitness and wellness), Urban Farming, Farmers Market, Local Produce, Nutrition, Sugar, Candy, Junk Food, Physical Exercise
Friday 7/27	"Marketing to kids is inherently unethical because of that inability to discern between marketing and reality and that whole concept of getting around the parent."	https://bit.ly/2M7M <u>Ygb</u>	NA	Sex: M-F Age: 21-65+ Interests: Public Health, Social Responsibility, Parents (all), Mothers, Sugar, Candy, Junk Food, Soda, Coca-Cola, Gatorade, 7-11, Fast Food, Sprite, 7-Up, Target, Wal-Mart, Slurpee, Diet Coke, Plaid Pantry, CVS, Oregon, Mountain Dew, MTV, WinCo, Community Issues, Health Promotion, Farmers Market, Fresh Produce, Fred Meyer, Albertsons, Safeway, Kroger, Convenience Store, Politics and Social issues, Health Promotion, Active Lifestyle, Fitness and Wellness, Healthy Habits, Healthy Life, Healthy Lifestyle, Healthy Lifestyles, Mental Health, Education, Community Issues

<p>Monday 7/30</p>	<p>#DYK: Recess improves memory and concentration. How can we make more places for kids to be active?</p>	<p>https://bit.ly/2iCb58K</p>	 A photograph of two young children playing on a colorful playground slide. One child in a blue shirt is in the foreground, looking up with arms raised. Another child in a yellow shirt is behind them, also with arms raised. The slide is yellow and blue.	<p>Sex: M-F Age: 21-65+ Interests: Public Health, Oregon, Parents (all), Mothers Parks, Recess, Elementary School, Sports, Physical Exercise, Active Lifestyle, Exercise, Education, School, Healthy Habits, Healthy Life, Healthy Lifestyle, Healthy Lifestyles</p>
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