Date	Post Copy	Link	Visual	Targeting
Saturday 6/1	Designed with hikers who use wheelchairs or walkers in mind, this trail is for every body. #NationalTrailsDay @OregonOfficeonDisabilityandHe alth	http://bit.l y/2VAx3jS	NA	Sex: M-F Age: 24-65+ Location: Oregon Interests: Public Health, Pacific Northwest, Oregon, Fitness and Wellness, living healthy, physical exercise, Portland, community issues, urban planning, biking, disability rights movement, disabled sports, active lifestyle, hiking trails
Monday 6/3	Something to think about as the school year comes to an end.	<u>http://bit.l</u> y/2QArIDB	Children from low-income families are likely to walk to school, and often face significant safety challenges on the way.	Sex: M-F Age: 24-65+ Location: Oregon Interests: Public Health, Oregon, community, community issues, urban planning, student, education, healthy living, parents (all)
Tuesday 6/4	HOLD for JTC share	TBD	TBD	TBD
Wednesday 6/5	Wishing everyone a Happy Pride Month! @EndHIVOregon #Pride2019	<u>http://bit.l</u> <u>y/2JNRsen</u>	HIV KNOWS NO GENDER OR SEXUAL ORIENTATION EET TESTED EET TESTED	Sex: M-F Age: 24-65+ Location: Oregon Interests: Public Health, Pacific Northwest, Oregon, Fitness and Wellness, living healthy, LGBTQ nation, LGBTQ community prevention of HIV/AIDS, parents (all), human sexuality, healthy living, gay pride, pride parade
Friday 6/7	We belong to each other. This means that rural communities have lessons to share with urban communities about what it takes to build equity and opportunity.	https://rwj f.ws/2HLH Yxc	NA	Sex: M-F Age: 24-65+ Location: Oregon Interests: Public Health, Pacific Northwest, Oregon, Fitness and Wellness, living healthy, community, community issues, Portland, rural area

Monday 6/10	This Father's Day enjoy healthy activities with dad. Here's one idea. #FathersDay #MensHealthWeek	<u>http://bit.l</u> <u>y/2W9Clw</u> <u>A</u>		Sex: M-F Age: 24-65+ Location: Oregon Interests: Oregon, Pacific northwest, physical activity, community, parents (all), fathers day, fathers day (United States), family, healthy living, health, men's health, healthy diet, healthy choice, nature, hiking, Portland, fatherhood
Tuesday 6/11	HOLD for JTC share	TBD	TBD	TBD
Wednesday 6/12	"White flight and white return are not opposite phenomena in American cities, generations apart. Here they are part of the same story."	<u>https://nyt</u> i.ms/2DSNf <u>IE</u>	NA	Sex: M-F Age: 24-65+ Location: Oregon Interests: Public Health, Social Responsibility, Parents (all), anti-racism, Health Promotion, Healthy Life, Healthy Lifestyles, Education, Community Issues, Oregon, biking, walking, parents (all)
Friday 6/14	Misconception: Oregonians don't consume that much sugar #PlaceMattersOR	http://bit.l y/2Ythp6S	REALITY: The amount of added sugar consumed by U.S. adults has increased by more than 30% since the late 1970s.	Sex: M-F Age: 24-65+ Location: Oregon Interests: Public Health, Oregon, Community, Health & Wellness, Equal Opportunity, Health, Health Promotion, Healthy Lifestyle, Healthy Lifestyles, living healthy, Active Lifestyle, Community, Social Services, Environment, Portland, community issues, parents (all), Coke, Pepsi, soda, diet coke, Whole Foods, New Seasons Market, Fred Meyer

Monday 6/17	Good for Cannon Beach, Manzanita and Seaside for providing visitors with free access to beach wheelchairs! #PlaceMattersOR	<u>http://bit.l</u> <u>y/2Y42G26</u>		Sex: M-F Age: 24-65+ Location: Oregon Interests: Public Health, Pacific Northwest, Oregon, Fitness and Wellness, living healthy, physical exercise, Portland, community issues, urban planning, biking, disability rights movement, disabled sports, active lifestyle, hiking trails
Tuesday 6/18	HOLD for JTC share	TBD	TBD	TBD
Wednesday 6/19	El entorno en el que cada uno de nosotros vivimos en Oregon, como los vecindarios donde habitamos, las escuelas a donde van nuestros hijos, los lugares donde conseguimos alimentos, entre otros, también determinan qué tan saludables estamos.	NA	Spanish Manifesto Video	Sex: M-F Age: 24-65+ Location: Oregon Interests: Hispanic, Spanish, Spanish language, Spanish cuisine, Oregon, community, health promotion, activism, environmentalism, public health, Portland, parents (all)
Monday 6/24	Mark your calendars for June 30 in North Portland! 🔊 🧐 #SundayParkways	<u>http://bit.l</u> y/2LK4nQR		Sex: M-F Age: 24-65+ Location: Portland Interests: Public Health, Healthcare, Health, Oregon, Health & Wellness, Health Promotion, food, fitness, wellness, health & wellness, healthy life, healthy habits, nature, hiking, biking, physical activity, parents (all)
Tuesday 6/25	HOLD for JTC share	TBD	TBD	TBD
Wednesday 6/26	Consumption of sugary drinks contributes to chronic diseases which have a crushing impact on Oregon's healthcare system about \$1.6 billion in medical expenses per year. Soda taxes have proven to drastically cut consumption in other cities.	<u>http://bit.l</u> <u>y/2Kdlx7b</u>	NA	Sex: M-F Age: 24-65+ Location: Oregon Interests: Community Issues, Public Health, Health Promotion, Education, Oregon, healthy living, healthy habits, nutrition, Healthy Lifestyles, Education, Community Issues, Oregon, Coke, Pepsi, soda, diet

				coke, Whole Foods, New Seasons Market, Fred Meyer, parents (all), schools, education
Friday 6/28	The global food industry provides food that is convenient and cheap, but at what cost? The rise of ultra-processed foods coincides with growing rates of obesity.	https://n.p r/2Kip04y	NA	Sex: M-F Age: 24-65+ Location: Oregon Interests: Public Health, Oregon, Community, Health & Wellness, Equal Opportunity, Health, Health Promotion, Healthy Lifestyle, Healthy Lifestyles, living healthy, Active Lifestyle, Community, Social Services, Environment, Portland, community issues, parents (all), Coke, Pepsi, soda, diet coke, Whole Foods, New Seasons Market, Fred Meyer