

Please help us make students healthier and safer by taking this survey. Your answers will help us understand what we can do to help you do better.

**This is NOT a test. There are no right or wrong answers.
You don't have to take the survey if you don't want to.**



Helping all youth to be happy, healthy and resilient

Do not write your name anywhere.

No one will know how you answer.

Please be honest. You don't have to answer any question you don't want to. If an answer doesn't fit exactly, choose the one that's closest. If you don't know what a question means, it's okay to skip it.

How to fill in the bubbles:

Please mark the bubble you choose by filling it in completely with a pencil.
If you make a mistake, erase it completely and fill it in correctly.

Mark answers like this:



NOT like this:



Please tell us about yourself.

-
1. What's your grade?
- A. 7th grade
 - B. 8th grade
 - C. 9th grade
 - D. 10th grade
 - E. 11th grade
 - F. 12th grade
 - G. Other grade
-
2. How old are you?
- A. 12 years old or younger
 - B. 13 years old
 - C. 14 years old
 - D. 15 years old
 - E. 16 years old
 - F. 17 years old
 - G. 18 years old
 - H. 19 years old or older
-
3. What is your race or ethnicity? **(Select one or more responses).**
- A. Hispanic or Latino/Latina/Latinx
 - B. Black or African American
 - C. American Indian/Native American
 - D. Alaska Native
 - E. Asian Indian
 - F. Chinese
 - G. Filipino/a/x
 - H. Japanese
 - I. Korean
 - J. Vietnamese
 - K. Other Asian
 - L. Native Hawaiian
 - M. Other Pacific Islander
 - N. Middle Eastern or North African
 - O. White REWHITE
 - P. Other **(Specify)** _____
-

4. If you selected more than one race or ethnicity, which one **best** describes you?

- Q. Only one selected in previous question
- R. Multi-racial/No single race best describes me
- A. Hispanic or Latino/Latina/Latinx?
- B. Black or African American
- C. American Indian/Native American
- D. Alaska Native
- E. Asian Indian
- F. Chinese
- G. Filipino/a
- H. Japanese
- I. Korean
- J. Vietnamese
- K. Other Asian
- L. Native Hawaiian
- M. Other Pacific Islander
- N. Middle Eastern or North African
- O. White
- P. Other (**Specify**) _____
- Q. Prefer not to say

5. Are you enrolled in any of the following tribes?

- A. I am not enrolled in a tribe
- B. Burns Paiute Tribe
- C. Coquille Indian Tribe
- D. Cow Creek Band of Umpqua Tribe of Indians
- E. Confederated Tribes of Grand Ronde
- F. Klamath Tribes
- G. Confederated Tribes of Umatilla Indian Reservation
- H. Confederated Tribes of the Coos, Lower Umpqua, and Siuslaw Indians
- I. Confederated Tribes of Siletz Indians
- J. Confederated of Warm Springs
- K. Other (**Specify**) _____

6. What is the language you use most often at home?

- A. English
- B. Spanish
- C. Mandarin
- D. Cantonese
- E. Russian
- F. Vietnamese
- G. American Indian/Alaska Native tribal language
- H. ASL, PSE, tactile interpreting, etc.
- I. Another language (**Specify**) _____

7. How tall are you without your shoes on?

Directions: Write your height in the shaded blank boxes. Fill in the matching circle below each number on the answer sheet.

Example

Height	
Feet	Inches
5	6
③	①
④	①
●	②
⑥	③
⑦	④
	⑤
	●
	⑦
	⑧
	⑨
	⑩
	⑪

Height	
Feet	Inches
③	①
④	①
⑤	②
⑥	③
⑦	④
	⑤
	⑥
	⑦
	⑧
	⑨
	⑩
	⑪

8. How much do you weigh without your shoes on?

Directions: Write your weight in the shaded blank boxes. Fill in the matching circle below each number on the answer sheet. If you weigh less than 100 pounds, please write 0 (zero) in the first column and fill in the matching circle (0).

Example

Weight			Weight		
Pounds			Pounds		
1	6	5			
①	①	①	①	①	①
●	①	①	①	①	①
②	②	②	②	②	②
③	③	③	③	③	③
④	④	④	④	④	④
⑤	●	●	⑤	⑤	⑤
⑥	⑦	⑥	⑥	⑥	⑥
⑦	⑧	⑦	⑦	⑦	⑦
⑧	⑨	⑧	⑧	⑧	⑧
⑨		⑨	⑨	⑨	⑨

9. Please tell us your zip code where you live most of the time.

Directions: Write the 3 digits of your zip code in the shaded blank boxes. Fill in the matching circle below each number.

Zip code				
①	①	①	①	①
①	①	①	①	①
②	②	②	②	②
③	③	③	③	③
④	④	④	④	④
⑤	⑤	⑤	⑤	⑤
⑥	⑥	⑥	⑥	⑥
⑦	⑦	⑦	⑦	⑦
⑧	⑧	⑧	⑧	⑧
⑨	⑨	⑨	⑨	⑨

The next questions will help us learn more about all of our students

10. What was your sex at birth?
- A. Female
 - B. Male
 - C. Intersex and/or my sex was unclear at birth
 - D. I do not know what this question is asking
-
11. How do you identify? **(Select one or more responses).**
- A. Female
 - B. Male
 - C. Transgender/Trans Female
 - D. Transgender/Trans Male
 - E. Gender nonconforming
 - F. Something else fits better **(Specify)** _____
 - G. I am not sure of my gender identity
 - H. I do not know what this question is asking
-
12. Do you think of yourself as...
- A. Lesbian or gay
 - B. Straight or heterosexual
 - C. Bisexual
 - D. Something else **(Specify)** _____
 - E. Don't know /Not sure

The next questions are about health or learning conditions you may have.

-
13. Are you deaf or do you have serious difficulty hearing?
- A. Yes
 - B. No
-
14. Are you blind or do you have serious difficulty seeing, even when wearing glasses?
- A. Yes
 - B. No
-
15. Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering or making decisions?
- A. Yes
 - B. No
-
16. Do you have serious difficulty walking or climbing stairs?
- A. Yes
 - B. No
-
17. Do you have difficulty dressing or bathing?
- A. Yes
 - B. No
-
18. Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a physician's office or shopping?
- A. Yes
 - B. No
-

The next questions are about your health and health care.

-
19. Would you say that in general your **physical health** is...
- A. Excellent
 - B. Very good
 - C. Good
 - D. Fair
 - E. Poor
-
20. Would you say that in general your **emotional and mental health** is...
- A. Excellent
 - B. Very good
 - C. Good
 - D. Fair
 - E. Poor
-
21. When did you last go to a doctor or nurse practitioner for a check-up when you were not sick or injured?
- A. During the past 12 months
 - B. Between 12 and 24 months ago
 - C. More than 24 months ago
 - D. Never
 - E. Not sure
-
22. During the past 12 months, did you have any **physical health** care needs that were **not** met? (Count any situation where you thought you should see a doctor, nurse, or other health professional.)
- A. Yes
 - B. No
-
23. During the past 12 months, did you have any **emotional or mental health** care needs that were **not** met? (Count any situation where you thought you should see a counselor, social worker, or other mental health professional.)
- A. Yes
 - B. No

-
- A. In the past 12 months, have you visited an emergency room or urgent care clinic for a physical or mental health care need? **(Select one or more responses.)**
- B. Yes – during school hours
 - C. Yes – during the summer
 - D. Yes – on the weekend or before/after school
 - E. No
 - F. Don't know
-
24. When did you last go to a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work?
- A. During the past 12 months
 - B. Between 12 and 24 months ago
 - C. More than 24 months ago
 - D. Never
 - E. Not sure
-
25. Have you ever had a cavity? **(Select one or more responses.)**
- A. During the past 12 months
 - B. Between 12 and 24 months ago
 - C. More than 24 months ago
 - D. I have never had a cavity
 - E. Not sure
-
26. During the past 12 months, did you miss one or more hours of school due to any of the following reasons? **(Select one or more responses.)**
- A. I had a toothache or painful tooth
 - B. My mouth was hurting ^B
 - C. I had to go to the dentist because of tooth or mouth pain (Do **not** include regular check-up visits.)
 - D. I had to go to the hospital emergency room because of tooth or mouth pain
 - E. I had a mouth injury from playing a sport
 - F. I did not miss school for any of these reasons
-

-
27. Has a doctor or nurse ever told you that you have asthma?
- A. Yes
 - B. No
 - C. Not sure
-
28. Do you still have asthma?
- A. I have never had asthma
 - B. Yes
 - C. No
 - D. Not sure
-
29. If you had a physical or mental health care problem during the school day, who would you go to at your school for help? **(Select one or more responses.)**
- A. School counselor
 - B. School-Based Health Center (SBHC)
 - C. School nurse
 - D. School secretary/office staff
 - E. Mental health therapist at your school
 - F. Principal or vice principal
 - G. Teacher
 - H. Other adult at school **(Specify)** _____
 - I. No one
 - J. I don't know
-

The next question is about School-Based Health Centers. SBHCs are health clinics in a school or on school grounds that are staffed by doctors, nurses, mental health professionals or other medical professionals. They are different than a school nurse.

30. In the past 12 months, have you used a School-Based Health Center (SBHC) **at your school**?
- A. Yes
 - B. No
 - C. Don't know
-
31. Why haven't you used the SBHC at your school? **(Select one or more responses).**
- A. I haven't used an SBHC in the past 12 months
 - B. I haven't had any health care needs
 - C. I get my health care somewhere else
 - D. My parent/guardian wouldn't give me permission to go
 - E. I didn't know it existed at the time
 - F. I tried but couldn't get an appointment
 - G. I've heard bad things about the SBHC
 - H. I didn't want my parents to find out
 - I. I didn't think the SBHC could help me
 - J. I was worried about privacy
 - K. I would be too embarrassed
 - L. Other
 - M. I don't know

The next questions ask about school and grades.

-
32. During the past 12 months, how many days of school did you miss for any reason?
- A. None
 - B. 1-2 days
 - C. 3-5 days
 - D. 6-10 days
 - E. 11-15 days
 - F. 16 or more days
-
33. During the past 12 months, how would you describe your grades in school?
- A. Mostly A's
 - B. Mostly B's
 - C. Mostly C's
 - D. Mostly D's
 - E. Mostly F's
 - F. None of these grades
 - G. Not sure
-

For these statements, mark how true you feel each is for you.

-
34. I can do most things if I try.
- A. Very much true
 - B. Pretty much true
 - C. A little true
 - D. Not at all true
-
35. There is at least one teacher or other adult in my school that really cares about me.
- A. Very much true
 - B. Pretty much true
 - C. A little true
 - D. Not at all true
-
36. I volunteer to help others in my community.
- A. Very much true
 - B. Pretty much true
 - C. A little true
 - D. Not at all true
-
37. I can work out my problems.
- A. Very much true
 - B. Pretty much true
 - C. A little true
 - D. Not at all true
-

Health and wellness can be affected by difficult life experiences. These questions might be hard to answer and may bring up difficult feelings and emotions. Please remember, you don't have to answer any question you don't want to. A resource sheet is available for you if you or someone you know needs help.

38. Have you ever had to wear dirty clothes or experienced not having enough to eat?
A. Yes
B. No
-
39. Have you ever had a household member who was mentally ill or depressed?
A. Yes
B. No
-
40. Have you ever lived with someone who had a problem with drinking or using drugs?
A. Yes
B. No
-
41. Have you ever had a household member go to jail/prison or be deported?
A. Yes
B. No
-
42. Have you ever experienced the death of a very close friend or family member?
A. Yes
B. No
-
43. Have you ever felt that you had no one to protect you?
A. Yes
B. No
-

The next section asks about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

44. During the past 7 days, how many times did you drink **100% fruit juices** such as orange juice, apple juice, or grape juice? (Do **not** count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)
- A. I did not drink 100% fruit juice during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
-
45. During the past 7 days, how many times did you eat **fruit**? (Do **not** count fruit juice.)
- A. I did not eat fruit during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
-
46. During the past 7 days, how many times did you eat **vegetables**?
- A. I did not eat vegetables during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
-
47. During the past 7 days how many times did you drink **soda or pop**, such as Coke, Pepsi, or Sprite? (Do **not** include diet soda or diet pop)
- A. 0 times in past 7 days
 - B. 1 to 3 times in past 7 days
 - C. 4 to 6 times in past 7 days
 - D. 1 time per day
 - E. 2 times per day
-

- F. 3 times per day
- G. 4 or more times per day

48. During the past 7 days, how many times did you drink other sugar-sweetened beverages such as Kool Aid™ and lemonade, sweet tea, flavored milk, and sports or energy drinks such as Gatorade™ and Red Bull™? Do not include 100% fruit juice, diet drinks, or artificially sweetened drinks.?

- A. 0 times in past 7 days
- B. 1 to 3 times in past 7 days
- C. 4 to 6 times in past 7 days
- D. 1 time per day
- E. 2 times per day
- F. 3 times per day
- G. 4 or more times per day

A. During the past 7 days, did you visit a convenience store such as 7-Eleven, Plaid Pantry, Circle K, a mini-mart, or a gas station store?

- A. Yes
- B. No

The next question is/questions are about physical activity.

49. During the past 7 days, on how many days were you physically active for a total of **at least 60 minutes per day**? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)
- A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days
-
- A. Active transportation placeholder for rotating question:
During the past week, did you ever walk, ride a bicycle, ride a bus or public transportation to get to or from school? ACTIVETRANSPORT
- A. Yes
 - B. No

**How strongly do you agree or disagree with the following statements about this school?
(Mark only one response).**

50. Adults in my school respect people from different backgrounds (for example, people of different races, ethnicities, cultures, religions, genders, sexual orientation or disabilities).
- A. Strongly agree
 - B. Agree
 - C. Neither agree nor disagree
 - D. Disagree
 - E. Strongly disagree
-
51. At school, how often is there conflict or tension based on race, ethnicity, culture, religion, gender, sexual orientation or disability?
- A. Never or almost never
 - B. Sometimes
 - C. About half the time
 - D. Usually
 - E. Always or almost always

The following question asks about personal safety.

52. During the past 30 days, on how many days did you **not** go to school because you felt you would be unsafe at school or on your way to or from school? SCUNSAFE
- A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days

The next questions ask about bullying. Bullying is when one or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when two students of about the same strength or power argue or fight or tease each other in a friendly way.

If you or someone you know needs help, a variety of free, confidential and anonymous support is available 24/7. Please see the Support Resource Sheet for details.

-
- A. During the past 30 days, have you been bullied by someone using any kind of **technology**, such as through social media, cell phones, or video games?
- A. Yes
 - B. No
-
53. During the past 30 days, have you ever been bullied **at school** (including any school events, or on the way to or from school) in relation to any of the following issues? This includes in-person and electronic bullying (count bullying through texting, Instagram, Facebook or other social media). **(Select one or more responses.)**
- A. Bullying about your race or ethnic origin
 - B. Unwanted sexual comments or attention
 - C. Bullying because someone thought you were gay, lesbian, bisexual, or transgender
 - D. Bullying about your weight, clothes, acne, or other physical characteristics
 - E. Bullying about your group of friends
 - F. Other reasons
 - G. I have not been bullied at school
-
54. During the past 12 months, have you ever bullied someone either on school property or electronically (count bullying through texting, Instagram, Facebook or other social media)?
- A. Yes
 - B. No

The next questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life.

If you or someone you know needs help, a variety of free, confidential and anonymous support is available 24/7. Please see the Support Resource Sheet for details.

-
55. During the past 12 months, did you ever feel so sad or hopeless almost every day for **two weeks or more in a row** that you stopped doing some usual activities?
- A. Yes
 - B. No
-
56. During the past 12 months, did you ever **seriously** consider attempting suicide?
- A. Yes
 - B. No
-
57. During the past 12 months, how many times did you actually attempt suicide?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times
-

We care about you and your safety.

Suicide affects us all. More people die by suicide than car accidents each year, and firearms are the most common way that people take their own lives. The next question will help us learn more about safety and gun access.

-
- A. How long would it take you to get and be ready to fire a loaded gun? The gun could be yours or someone else's and it could be located in your home or car or someone else's home or car.
- B. I could not get a loaded gun
 - C. Less than 10 minutes
 - D. 10 or more minutes, but less than 1 hour
 - E. 1 or more hours, but less than 4 hours
 - F. 4 or more hours, but less than 24 hours
 - G. 24 or more hours
-

The next questions ask about sexual health. Remember that the answers you give will be kept private. There are no right or wrong answers. If you are not comfortable answering a question, you can leave it blank.

58. Have you ever had sex?

- A. Yes
 - B. No
-

A. How old were you when you had sex-for the **first time**?

- A. I have never had sex
 - B. 11 years old or younger
 - C. 12 years old
 - D. 13 years old
 - E. 14 years old
 - F. 15 years old
 - G. 16 years old
 - H. 17 years old or older
-

A. During your life, with how many people have you had sex?

- A. I have never had sex
 - B. 1 person
 - C. 2 people
 - D. 3 people
 - E. 4 people
 - F. 5 people
 - G. 6 or more people
-

59. The **last time** you had sex, did you or your partner use a condom?

- A. I have never had sex
- B. Yes
- C. No

60. The **last time** you had sex, what method(s) did you or your partner use to **prevent pregnancy?** (Select one or more response.s)

- A. I have never had sex
- B. IUD (intrauterine device such as Mirena or Paragard)
- C. Contraceptive implant (Implanon or Nexplanon)
- D. Depo-Provera (injectable birth control)
- E. Birth control pills
- F. Contraceptive patch
- G. Contraceptive ring
- H. Condoms
- I. Withdrawal
- J. Emergency contraception (morning after pill)
- K. Some other method
- L. No method was used to prevent pregnancy
- M. Not sure

B. Have you ever been taught in school about how to use a condom to prevent pregnancy or sexually transmitted diseases (STDs), including HIV?

- A. Yes
- B. No
- C. Not sure

B. Have you ever been taught in school about how to use birth control methods or where to get birth control?

- A. Yes
- B. No
- C. Not sure

B. Have you ever been taught in school about healthy and respectful relationships?

- A. Yes
- B. No
- C. Not sure

The next questions ask about violence-related behaviors.

61. Have you ever engaged in sexual activity when you didn't want to because of pressure?
A. Yes
B. No

62. Have you ever been physically forced to have sex-when you did not want to?
A. Yes
B. No

63. During the past 12 months, did your boyfriend/girlfriend/partner ever hit, slap, or physically hurt you on purpose?
A. Yes
B. No

B. During your life, has any adult ever intentionally hit or physically hurt you?
A. Yes
B. No

B. During your life, has any adult ever had sexual contact with you?
A. Yes
B. No

The next questions will help us look at differences in health based on social and economic factors.

A. In the past 12 months, did you ever eat less than you felt you should because there wasn't enough money to buy food?

- A. Yes
- B. No

64. During the past 30 days, where did you usually sleep?

- A. In my parent's or guardian's home
- B. In the home of a friend, family member, or other person because I had to leave my home, or my parent or guardian cannot afford housing
- C. In a shelter or emergency housing
- D. In a motel or hotel
- E. In a car, park, campground, or other public place
- F. I do not have a usual place to sleep
- G. Somewhere else

65. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?

- A. Yes
- B. No

B. Do you receive free or reduced-price lunches at school?

- A. Yes
- B. No
- C. Don't Know

The next section asks about gambling.

66. Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event. Please check ALL the different types of gambling that you have bet on, if any, during the last 30 days. **(Select one or more responses.)**
- A. I did not gamble in the last 30 days
 - B. Playing scratch off tickets, or any lottery tickets (such as Powerball or Megabucks)
 - C. Playing dice or coin flips
 - D. Playing cards (poker, etc.)
 - E. Betting on games of personal skill (bowling, video games, dares, etc.)
 - F. Playing Fantasy Sports (Fan Duel, Draft King, etc.)
 - G. Sports betting (betting on actual sporting events, football, baseball, video games, etc.)
-
67. During the last 12 months, have you ever felt bad about the amount you bet, or what happens when you bet money or something of value?
- A. I did not bet for money or something of value
 - B. Yes
 - C. No

The next questions ask about drinking alcohol. This includes drinking beer, wine, flavored beverages such as Mike's Hard Lemonade, and liquor "shots" such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

68. How old were you when you had your first drink of alcohol other than a few sips?
- A. I have never had a drink of alcohol other than a few sips
 - B. 8 years old or younger
 - C. 9 years old
 - D. 10 years old
 - E. 11 years old
 - F. 12 years old
 - G. 13 years old
 - H. 14 years old
 - I. 15 years old
 - J. 16 years old
 - K. 17 years old or older
-
69. During the past 30 days, on how many days did you have at least one drink of alcohol?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
-
70. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?
- A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 to 5 days
 - E. 6 to 9 days
 - F. 10 to 19 days
 - G. 20 or more days

-
- B. During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?
- A. I did not drink alcohol during the past 30 days
 - B. 1 or 2 drinks
 - C. 3 drinks
 - D. 4 drinks
 - E. 5 drinks
 - F. 6 or 7 drinks
 - G. 8 or 9 drinks
 - H. 10 or more drinks
-
- B. During the past 30 days, from which of the following sources did you usually get the alcohol you drank? **(Select one or more responses.)**
- I. I did not get alcohol products in the past 30 days
 - J. Friends or family members under 21
 - K. A parent or guardian with their permission
 - L. A parent or guardian without their permission
 - M. A store, gas station, restaurant or bar
 - N. A public event such as a concert or sporting event
 - O. Some other source
-
71. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?
- A. I did not drive a car in the past 30 days
 - B. 0 times
 - C. 1 time
 - D. 2 or 3 times
 - E. 4 or 5 times
 - F. 6 or more times
-
72. During the past 30 days, how many times did you ride in a car or other vehicle driven by a teenager who had been drinking alcohol?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times
-

The next questions ask about tobacco use.

During the past 30 days, on how many days did you ...	0 days	1 or 2 days	3 to 5 days	6 to 9 days	10 to 19 days	20 to 29 days	All 30 days
73. Smoke cigarettes?	A	B	C	D	E	F	G
74. Use e-cigarettes or other vaping products, such as Juul?	A	B	C	D	E	F	G
75. Use chewing tobacco, snus, snuff, or dip, such as Skoal or Copenhagen?	A	B	C	D	E	F	G
76. Smoke a little cigar or cigarillo, such as Swisher Sweets?	A	B	C	D	E	F	G
77. Smoke a large cigar?	A	B	C	D	E	F	G
78. Smoke tobacco or shisha in a hookah or waterpipe?	A	B	C	D	E	F	G

79. During the past 30 days, have you used any tobacco or vaping product with mint, fruit, coffee, candy, or other flavors? Exclude marijuana.
- A. Yes
 - B. No

80. The very first time you used **any tobacco or vaping** product (including e-cigarettes), which type of product did you use?
- A. I have never used any tobacco or vaping product
 - B. Cigarette
 - C. Chewing tobacco
 - D. Cigarillo or small cigar
 - E. Large cigar
 - F. Hookah
 - G. E-cigarette or other vaping product
 - H. Another type of product

-
81. During the past 30 days, from which of the following sources did you get tobacco or vaping products? **(Select one or more responses.)**
- A. I did not get tobacco or vaping products during the past 30 days
 - B. A store or gas station
 - C. Friends or family members 21 or older
 - D. Friends or family members under 21
 - E. The Internet
 - F. Some other source
-
- A. During the past 12 months, did you ever try **to** quit smoking cigarettes?
- A. I did not smoke during the past 12 months
 - B. Yes
 - C. No
- DRAFT*

The next section asks about marijuana (also called pot, weed or cannabis).

82. How old were you when you tried marijuana for the first time?
- A. I have never tried marijuana
 - B. 8 years old or younger
 - C. 9 years old
 - D. 10 years old
 - E. 11 years old
 - F. 12 years old
 - G. 13 years old
 - H. 14 years old
 - I. 15 years old
 - J. 16 years old
 - K. 17 years old or older
-
83. During the past 30 days, on how many days did you use marijuana?
- A. 0 days
 - B. 1 or 2 days?
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 or more days
-
84. During the past 30 days, if you used marijuana, how did you use it? **(Select one or more responses.)**
- A. I did not use marijuana during the past 30 days
 - B. Smoked it (in a joint, bong, pipe, blunt)
 - C. Vaped it (e.g., vape pen)
 - D. Ate it (in brownies, cakes, cookies, candy)
 - E. Drank it (tea, cola, alcohol)
 - F. Dabbed it
 - G. Used in some other way
-
85. During the past 30 days, how many times did you drive a car or other vehicle within **three hours after using marijuana?**
- A. I did not drive in the past 30 days
 - B. 0 times
 - C. 1 time
 - D. 2 or 3 times
 - E. 4 or 5 times
 - F. 6 or more times

-
86. During the past 30 days, have you seen an advertisement for marijuana products or stores on billboards, on a storefront, on the sidewalk (like signs or people wearing or waving signs), or online?
- A. Yes
 - B. No
 - C. Don't know/Not sure
-

The next question asks about the use of prescription medicine without a doctor's prescription or differently than how a doctor told you to use it. For this question, count medicines such as Oxycontin, Percocet, Vicodin, Codeine, Adderall, Ritalin, or Xanax.

87. During the past 30 days, on how many days have you taken prescription medicine without a doctor's prescription or differently than how a doctor told you to use it?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
-

The next question asks about other drugs.

88. During the past 30 days, have you used any other drugs such as cocaine, ecstasy, LSD, shrooms, heroin, or meth?
- A. Yes
 - B. No
-

The following questions ask about what you, your parents, and your friends think about alcohol, tobacco, and other drugs.

How much do you think people risk harming themselves (physically or in other ways) if they:		No risk	Slight risk	Moderate risk	Great risk
89.	Have five or more drinks of an alcoholic beverage once or twice a week?	A	B	C	D
90.	Smoke one or more packs of cigarettes per day?	A	B	C	D
A.	Use e-cigarettes?	A	B	C	D
91.	Use marijuana regularly (once or twice a week)	A	B	C	D
92.	Use prescription drugs that are not prescribed to them?	A	B	C	D
B.	Use drugs such as cocaine, ecstasy, LSD, shrooms, heroin, or meth?	A	B	C	D

If you wanted to get some, how easy would it be for you to get ...		Very easy	Sort of easy	Sort of hard	Very hard
93.	Beer, wine or hard liquor (for example, vodka, whiskey or gin)?	A	B	C	D
A.	Cigarettes?	A	B	C	D
A.	E-cigarettes or other vaping products, such as Juul?	A	B	C	D
94.	Marijuana?	A	B	C	D
95.	Prescription drugs not prescribed to you?	A	B	C	D
B.	Drugs such as cocaine, ecstasy, LSD, shrooms, heroin, or meth?	A	B	C	D

How wrong do your parents feel it would be for you to ...		Not wrong at all	A little bit wrong	Wrong	Very wrong
96.	Have one or two drinks of an alcoholic beverage nearly every day?	A	B	C	D
97.	Smoke cigarettes?	A	B	C	D
98.	Use marijuana?	A	B	C	D
99.	Use prescription drugs not prescribed to you?	A	B	C	D
B.	Use drugs such as cocaine, ecstasy, LSD, shrooms, heroin, or meth?	A	B	C	D

How wrong do your friends feel it would be for you to ...		Not wrong at all	A little bit wrong	Wrong	Very wrong
100.	Have one or two drinks of an alcoholic beverage nearly every day?	A	B	C	D
101.	Smoke cigarettes?	A	B	C	D
102.	Use marijuana?	A	B	C	D
103.	Use prescription drugs not prescribed to you?	A	B	C	D
B.	Use drugs such as cocaine, ecstasy, LSD, shrooms, heroin, or meth?	A	B	C	D

That's the end of the survey.

Thank you for your participation.

You can get this document in other languages, large print, braille or a format you prefer. Contact Renee Boyd at 971-673-1145 or email renee.k.boyd@state.or.us. We accept all relay calls or you can dial 711.