
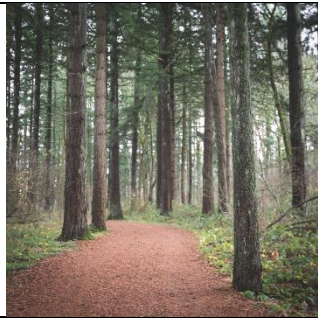



Date	Post Copy	Link	Visual	Targeting
Monday 2/3	<p>School lunches have come a long way since fish sticks! This @nytimes article showcases @pps.homepage program that gives students the power to make their school lunches healthier.</p> <p>🥕🥦🍅@foodcorpsoregon @sweetgreen</p>	https://nyti.ms/2QGq2d5	NA	<p>Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development, parents (all)</p>
Tuesday 2/4	HOLD for JTC share	TBD	TBD	<p>Sex: M-F Age: 18-55 Location: Oregon Interests: TBD</p>
Thursday 2/6	<p>Tomorrow is #WearRedDay! #DYK warning signs and symptoms of heart disease and stroke are different for women and men.</p> <p>#AmericanHeartMonth ❤️👤</p>	http://bit.ly/2Td3X7G		<p>Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, anti-tobacco, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development, inclusion and equity, Oregon</p>
Friday 2/7	<p>"People with disabilities face more systemic barriers to getting their health needs unmet than people without disabilities. Read how we can remove these barriers and make the places we live, learn, work and age inclusive of those living with disabilities.</p> <p>@RobertWoodJohnsonFoundation</p>	https://rwjf.ws/2tixB0S	NA	<p>Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, anti-tobacco, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development, inclusion and equity, Oregon</p>

Monday 2/10	Neighborhoods that experienced racist housing practices in the 1930s have hotter temperatures today. Read about how Portland has the largest heat discrepancies between affluent and poor communities. @portlandstateu @NPR	https://n.pr/2RadevY	<table border="1"> <caption>The Largest Heat Discrepancies</caption> <thead> <tr> <th>City</th> <th>Heat Discrepancy (°F)</th> </tr> </thead> <tbody> <tr> <td>Portland, Ore.</td> <td>12.4</td> </tr> <tr> <td>Denver</td> <td>12.0</td> </tr> <tr> <td>Minneapolis</td> <td>12.0</td> </tr> <tr> <td>Columbus, Ga.</td> <td>10.5</td> </tr> <tr> <td>Jacksonville, Fla.</td> <td>10.0</td> </tr> </tbody> </table>	City	Heat Discrepancy (°F)	Portland, Ore.	12.4	Denver	12.0	Minneapolis	12.0	Columbus, Ga.	10.5	Jacksonville, Fla.	10.0	Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, physical activity, wellness, women’s health, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development
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Tuesday 2/11	HOLD for JTC share	TBD	TBD	Sex: M-F Age: 18-55 Location: Oregon Interests: TBD												
Wednesday 2/12	<p>“Without a safe, stable place to call home, it’s nearly impossible to focus on basic health and medical needs. This is especially true for our seniors.” 🍷</p> <p>@KaiserPermanenteNorthwest for their \$5 million investment.</p>	http://bit.ly/2ux6bo3	NA	Sex: M-F Age: 18-55 Location: Portland, Oregon Interests: public health, community service, empowerment, community issues, anti-tobacco, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development, rural area, Oregon												
Friday 2/14	<p>#DYK: Today is Oregon's 161st birthday! Where's your favorite place in the state? ❤️🍰</p> <p>#PlaceMattersOR</p>	NA		Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, anti-tobacco, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development, farmer’s market, Fred Meyer, parents (all), Oregon												

Monday 2/17	A forested, two-mile nature trail accessible by public transit? It's true. Year-round, people of all ages enjoy this wood-chipped path in East Portland. 🌲🌲🌲 #yourperfectpark @metro Learn more or plan your visit:	oregonmetro.gov/glenndoveer		Sex: M-F Age: 18-55 Location: Oregon Interests: urban planning, Community service, parents, Inclusion, physical activity,
Tuesday 2/18	HOLD for JTC share	TBD	TBD	Sex: M-F Age: 18-55 Location: Oregon Interests: TBD
Wednesday 2/19	The term "perennials" is not just for flowers! It describes people who want to live an active, blossoming life into old age. 🌸🌻🌺 Read more on how people stay healthy as they age:	http://bit.ly/38UBY1e	NA	Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, anti-tobacco, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development, farmer's market, Fred Meyer, parents (all), Oregon,
Friday 2/24	The infant mortality rate for Black women's babies is more than double that of other races in the U.S. Some solutions: bias training for health care providers, access to doulas and improved maternity care.	http://bit.ly/2SkR8GD	NA	Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, activism, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development
Tuesday 2/25	HOLD for JTC share	TBD	TBD	Sex: M-F Age: 18-55 Location: Oregon Interests: TBD
Wednesday 2/26	@AARPOregon's survey found 80% of people 40 and older have seen or experienced age discrimination. What's your experience?	http://bit.ly/2RMBA Mt	NA	Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, activism, social

				movement, health and wellness, motivation, urban area, activism, inclusion,
Friday 2/28	Malhuer County has the highest rates of heart disease in Oregon. Take 10 minutes to listen how the county is making this rural place better for healthy living. @oregonpublicbroadcasting	http://bit.ly/3asBmkV		Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, activism, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development